

# Eco-evolutionary dynamics for finite populations and the noise-induced reversal of selection

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## Abstract

1

2 Theoretical studies from diverse areas of population biology have shown that demographic  
3 stochasticity can substantially impact evolutionary dynamics in finite populations, including sce-  
4 narios where traits that are disfavored by natural selection can nevertheless increase in frequency  
5 through the course of evolution. Historically, most general analytic frameworks have either re-  
6 stricted themselves to models with constant or deterministically varying total population size or  
7 have resorted to dynamically insufficient formulations. Here, we analytically describe the eco-  
8 evolutionary dynamics of finite populations from demographic first principles to investigate how  
9 noise-induced effects can alter the evolutionary fate of populations in which total population size  
10 may vary stochastically over time. Starting from a generic birth-death process describing a finite  
11 population of individuals with discrete traits, we derive a set of stochastic differential equations  
12 (SDEs) that recover well-known descriptions of evolutionary dynamics such as the replicator-  
13 mutator equation, the Price equation, and Fisher's fundamental theorem in the infinite popu-  
14 lation limit. For finite populations, our SDEs reveal how stochasticity can induce a directional  
15 evolutionary force termed 'noise-induced selection' via two distinct mechanisms, one that oper-  
16 ates over relatively faster (ecological) timescales and another that is only apparent over longer  
17 (evolutionary) timescales. Despite arising from the stochasticity of finite systems, the effects of  
18 noise-induced selection are predictable and may oppose natural selection. In some cases, noise-  
19 induced selection can even reverse the direction of evolution predicted by natural selection. By  
20 extending and generalizing some standard equations of population genetics, we thus describe  
21 how noise-induced selection appears alongside and interacts with the more well-understood  
22 forces of natural selection, neutral drift, and transmission effects (mutation/migration) to deter-  
23 mine the eco-evolutionary dynamics of finite populations of non-constant size.

## Introduction

24

25 Eco-evolutionary population biology has a strong mathematical underpinning, and can broadly  
26 be captured mathematically under a single unifying framework via the replicator-mutator equa-  
27 tion and the Price equation. This formalism yields several relevant mathematical structures of  
28 evolution, such as evolutionary game theory and classic population genetics, as special cases (Page  
29 and Nowak, 2002; Queller, 2017; Lion, 2018). The Price equation partitions changes in population  
30 composition into multiple terms, each of which lends itself to a straightforward interpretation  
31 in terms of the high-level evolutionary forces of selection and mutation, thus providing a use-  
32 ful mathematical framework for describing how populations change over time (Frank, 2012).  
33 The Price equation also leads to a number of simple yet insightful ‘fundamental theorems’ of  
34 population biology and unifies several various seemingly disjoint formal structures under a sin-  
35 gle theoretical banner (Queller, 2017; Lion, 2018; Lehtonen, 2020; Luque and Baravalle, 2021).  
36 However, the replicator-mutator equation, Price equation, and related ‘fundamental theorems’ of  
37 evolutionary dynamics are usually formulated in a deterministic setting that neglects stochastic  
38 fluctuations due to finite population effects (Page and Nowak, 2002; Queller, 2017; Lion, 2018).

39 Today, we increasingly recognize that incorporating the finite and stochastic nature of the  
40 real world routinely has much stronger consequences than simply ‘adding noise’ to determin-  
41 istic expectations and can cause qualitative changes in the behavior of diverse biological sys-  
42 tems (Horsthemke and Lefever, 1984; Black and McKane, 2012; Boettiger, 2018; Jhavar et al.,  
43 2020; Majumder et al., 2021; DeLong and Cressler, 2023; Yamamichi et al., 2023). In ecology and  
44 evolution, stochastic models need not exhibit phenomena predicted by their deterministic ana-  
45 logues (Proulx and Day, 2005; Johansson and Ripa, 2006; Black and McKane, 2012; Débarre and  
46 Otto, 2016). They may also exhibit novel phenomena not predicted by deterministic models (Con-  
47 stable et al., 2016; Rogers and McKane, 2015; Joshi and Guttal, 2018; DeLong and Cressler, 2023).

48 A striking example of such novel phenomena is the complete ‘reversal’ of the evolutionary  
49 trajectory that is seen in some finite population evolutionary models (Houchmandzadeh and  
50 Vallade, 2012; Constable et al., 2016; McLeod and Day, 2019a; Mazzolini and Grilli, 2023). For  
51 example, in public goods games, the production of a costly public good is susceptible to invasion  
52 by ‘cheaters’ who use the public good but do not produce it. Due to this, standard (deterministic)  
53 evolutionary game theory predicts that producers should eventually go extinct. However, in  
54 finite, fluctuating populations, producers not only persist but also outcompete non-producers,  
55 the exact opposite of infinite population predictions (Constable et al., 2016; McLeod and Day,  
56 2019a). This phenomenon of evolution proceeding in the direction of the classically disfavored  
57 type that leads to the ‘reversal’ of the prediction of deterministic natural selection has been  
58 dubbed ‘noise-induced selection’ (Week et al., 2021). Such noise-induced effects have been seen  
59 in several models in fields as diverse as epidemiology (Humplik et al., 2014; Parsons et al., 2018;  
60 McLeod and Day, 2019b; Day et al., 2020), cell-cycle dynamics (Wodarz et al., 2017), and social

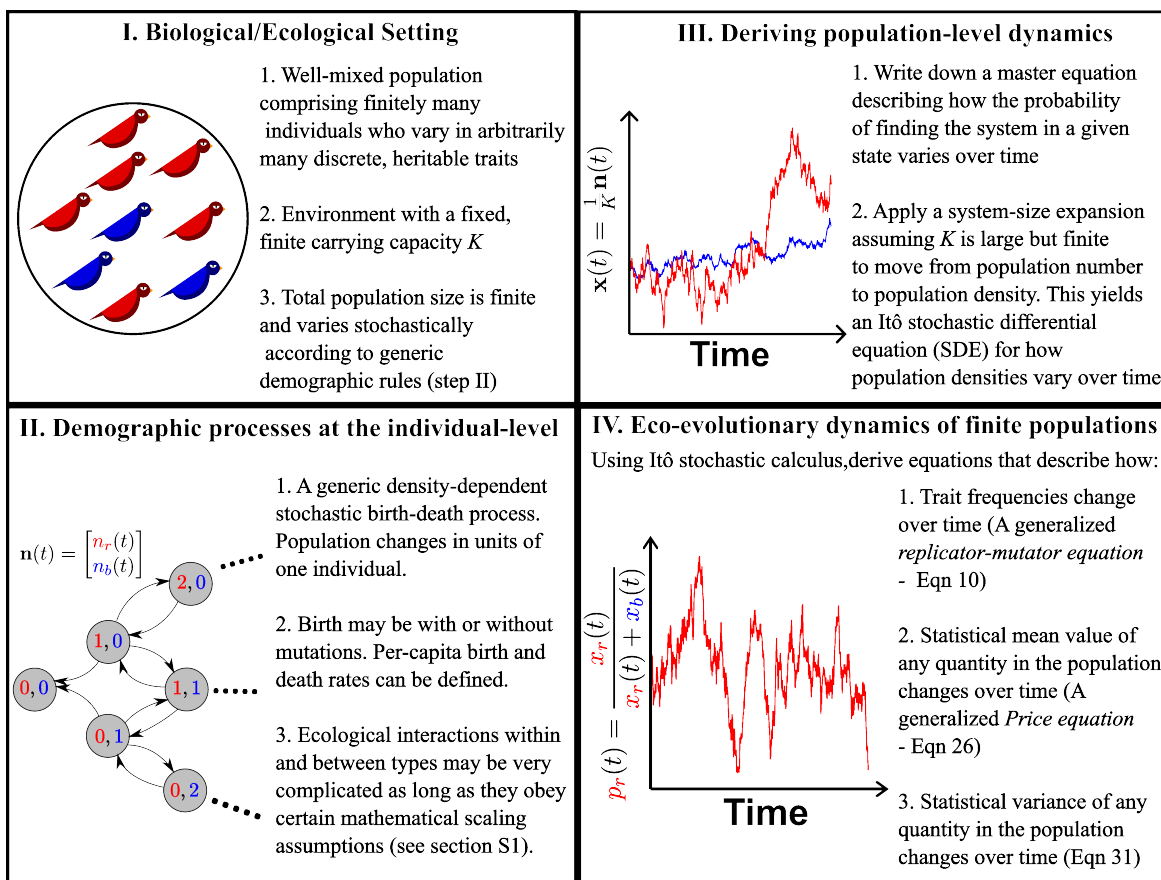
61 evolution (Houchmandzadeh and Vallade, 2012; Chotibut and Nelson, 2015; Constable et al.,  
62 2016; McLeod and Day, 2019a).

63 Despite the ubiquity of the phenomenon of qualitative noise-induced effects on evolution-  
64 ary trajectories, we currently lack a description of how classic equations of evolution such as  
65 the replicator-mutator equation and Price equation are affected by such demographic stochas-  
66 ticity. Bet-hedging theory, a branch of evolutionary ecology that aims to build general theories  
67 that capture the effects of stochasticity on eco-evolutionary dynamics (Seger and Brockmann,  
68 1987; Frank and Slatkin, 1990; Starrfelt and Kokko, 2012), has typically worked with abstract  
69 populations in which the mean reproductive output and the variance in reproductive output  
70 are essentially independent parameters (Gillespie, 1974; Gillespie, 1977; Frank and Slatkin, 1990;  
71 Shpak, 2005). Furthermore, models of bet-hedging have typically worked with populations af-  
72 fected by spatiotemporally fluctuating *external* noise that is the result of stochastic fluctuations  
73 in external environments (Seger and Brockmann, 1987; Olofsson et al., 2009; Childs et al., 2010;  
74 Starrfelt and Kokko, 2012), whereas most formulations of the standard equations of population  
75 genetics (Page and Nowak, 2002; Lion, 2018; Lehtonen, 2018) as well as many models showing  
76 noise-induced effects on eco-evolutionary dynamics (Parsons et al., 2010; Houchmandzadeh and  
77 Vallade, 2012; Constable et al., 2016; Parsons et al., 2018; McLeod and Day, 2019a; Day et al.,  
78 2020) do not model any external environment at all. Due to this, it is often unclear *a priori* under  
79 what situations these noise-induced effects become important for evolutionary dynamics or how  
80 these effects interact with the more well-understood evolutionary forces of natural selection, mu-  
81 tation, and drift (Yamamichi et al., 2023). For example, how does noise-induced selection interact  
82 with genetic drift, or indeed natural selection? Are ‘noise-induced selection’ and ‘bet-hedging’  
83 essentially the same effect that has been spoken about using different terminology, or are there  
84 multiple distinct phenomena at play?

85 Stochastic individual-based models are a natural choice for describing the dynamics of finite  
86 populations to try and examine the interplay of noise-induced effects and more well-understood  
87 evolutionary forces using a first principles approach. Here, probabilistic rules for birth and death  
88 are specified at the individual level. Such models allow us to capture a stochastically varying  
89 population size, and thus enable us to relax assumptions of constant population size as seen in  
90 models such as the Wright-Fisher or Moran process (Lambert, 2010; Abu Awad and Coron, 2018).  
91 From these individual-based rules, we can now systematically derive population-level dynamics  
92 and thus avoid potential pitfalls that can arise when simply adding noise terms to a ‘deterministic  
93 skeleton’ in an ad-hoc fashion (Coulson et al., 2004; Black and McKane, 2012; Strang et al., 2019).  
94 Furthermore, since demographic processes such as birth and death rates explicitly account for the  
95 ecology of the system, they can more accurately reflect the complex interplay between ecological  
96 and evolutionary processes and provide a fundamental, mechanistic description of the relevant  
97 population dynamics (Lambert, 2010; Doebeli et al., 2017).

98 In this paper, we derive general equations for the dynamics of finite, fluctuating populations

99 evolving in continuous time starting from such mechanistic first principles (Fig 1). These equa-  
 100 tions reduce to well-known results such as the replicator-mutator equation and the Price equation  
 101 in the infinite population limit, thus illustrating consistency with the known formal structures of  
 102 eco-evolutionary population dynamics (Queller, 2017; Lion, 2018). For finite populations, these  
 103 same equations also provide a generic description and synthesis of the noise-induced effects of  
 104 finite population size and their consequences for eco-evolutionary population dynamics. Such a  
 105 systematic derivation provides relations between ecological quantities such as the expected popu-  
 106 lation growth rate and the variance in population growth rate and connects them to evolutionary  
 107 forces such as natural selection and genetic drift in trait frequency space. Using these equations,  
 108 we synthesize the connections between noise-induced effects on population dynamics, including  
 109 the ‘Gillespie effect’ of bet-hedging theory (Gillespie, 1977), ‘noise-induced effects’ in ecological  
 110 population models (Constable et al., 2016; Parsons et al., 2018), ‘drift-induced selection’ (Veller  
 111 et al., 2017; Saunders et al., 2018), ‘noise-induced selection’ (Week et al., 2021), and long-term ef-  
 112 fects of demographic stochasticity through the effects of ‘evolutionary noise’ (McLeod and Day,  
 113 2019a; McLeod and Day, 2019b).



**Figure 1:** An outline of the approach we adopt in this paper

## A stochastic birth-death process for population dynamics

We consider a well-mixed population that can contain up to  $m$  different types of individual entities. For example, a gene may have  $m$  different alleles, individuals within a species may come in one of  $m$  phenotypes, or a community may have  $m$  different species; we refer to each distinct variant of an entity as a ‘type’. Unlike many classic stochastic formulations in evolutionary theory (Crow and Kimura, 1970; Lande, 1976; Kimura and Ohta, 1974), we do not assume a fixed or deterministically varying (effective) population size. Instead, we allow the total population size to emerge naturally, and thus fluctuate stochastically, from the stochastic birth and death processes (Fig 1).

### *Description of the process*

Given a population that can contain up to  $m$  different kinds of entities, it can be completely characterized by specifying the number of individuals of each type of entity. Thus, the state of the population at a given time  $t$  is an  $m$ -dimensional vector of the form  $\mathbf{n} = [n_1(t), n_2(t), \dots, n_m(t)]^T$ , where  $n_i(t)$  is the number of individuals of type  $i$ .

We assume that the birth and death rate of each type in the population depends only on the state of the population (the vector  $\mathbf{n}$ ), and thus neglect any potential contributions from a temporally varying external environment. Our model unfolds in continuous time, and we assume that the probability of two or more births (or deaths) occurring at the same instant is negligible. For each type  $i \in \{1, 2, \dots, m\}$ , we denote the birth rate and the death rate by  $b_i(\mathbf{n})$  and  $d_i(\mathbf{n})$ , respectively. We assume that the birth and death rates at the population level scale with the total population size such that  $b_i(\mathbf{n})$  and  $d_i(\mathbf{n})$  are of the order of  $\sum_i n_i$ . Further, we assume that there exists a *carrying capacity* or more generally a *population size measure* (Czuppon and Traulsen, 2021)  $K > 0$  that imposes a bound on population growth rate such that the growth rate of the total population size  $\sum_i n_i$  is expected to be negative whenever  $\sum_i n_i > K$ .

We can now define a notion of population density  $\mathbf{x} = \mathbf{n}/K$  by dividing the population number by the carrying capacity. In terms of population densities, our assumption on the bound on growth rate translates to the growth rate of population density being negative whenever the density exceeds 1. Naturally, the limit  $K \rightarrow \infty$  corresponds to the limit of infinitely large populations. Note that we may still speak of population densities in the infinite population size limit since population densities remain finite.

## Functional forms of the birth and death rates

144

145 In mathematical terms, the above assumptions on population growth rates and birth and death  
146 rates amount to saying that we can find  $\mathcal{O}(1)$  functions  $b_i^{(K)}$  and  $d_i^{(K)}$  such that we can write

$$\begin{aligned} b_i(\mathbf{n}) &= K b_i^{(K)}(\mathbf{n}/K) \\ d_i(\mathbf{n}) &= K d_i^{(K)}(\mathbf{n}/K) \end{aligned} \tag{1}$$

147

148 Further, we assume that the birth and death rate functions have the functional form

$$\begin{aligned} b_i^{(K)}(\mathbf{x}) &= x_i b_i^{(\text{ind})}(\mathbf{x}) + \lambda Q_i(\mathbf{x}) \\ d_i^{(K)}(\mathbf{x}) &= x_i d_i^{(\text{ind})}(\mathbf{x}) \end{aligned} \tag{2}$$

149

150 where  $b_i^{(\text{ind})}(\mathbf{x})$  and  $d_i^{(\text{ind})}(\mathbf{x})$  are non-negative functions that respectively describe the per-capita  
151 birth and death rate of type  $i$  individuals. Mutation or migration that is of the form  $x_i f(\mathbf{x})$   
152 for some function  $f$  can simply be subsumed into the per-capita rates  $b_i^{(\text{ind})}(\mathbf{x})$  and  $d_i^{(\text{ind})}(\mathbf{x})$ .  
153 However, the birth rate of type  $i$  individuals may contain a component that does not depend  
154 purely multiplicatively on the density of type  $i$ : For example, when  $x_i = 0$ , *i.e.* there are no  
155 type  $i$  individuals in the population, individuals of type  $i$  may still be born through mutations  
156 of other types or immigration from other sources (gene flow). To account for this possibility, we  
157 include the second term  $\lambda Q_i$  in the birth rate function, as we explain in detail below. Note that  
158 no analogous problem exists for the death rate, since the death rate of type  $i$  individuals must be  
159 0 when  $x_i$  is 0 to ensure that we never have negative population densities.

160 The term  $\lambda Q_i$  in Eq. 2 models an influx of type  $i$  individuals from sources other than the  
161 existing pool of type  $i$  individuals. Here,  $\lambda \geq 0$  is a constant describing the rate of influx of type  
162  $i$  individuals from sources other than the existing pool of type  $i$  individuals, and  $Q_i(\mathbf{x})$  is a non-  
163 negative function that describes this additional contribution. For example, if type  $i$  individuals  
164 can arise due to mutations of offspring of other types of individuals during birth,  $\lambda$  would  
165 represent a mutation rate (typically denoted by  $\mu$ ) and  $Q_i$  would model the functional form of  
166 mutation. A common choice, for example, is  $Q_i(\mathbf{x}) = \sum_{j \neq i} x_j$  (*i.e.* the mutation  $j \rightarrow i$  occurs at  
167 a total rate of  $\mu x_j$ ). The influx term could also model immigration of type  $i$  individuals from  
168 other populations, since such immigration would depend not on the density of individuals  $x_i$   
169 in our focal population, but on the density of individuals in the ‘source population’ from which  
170 individuals are emigrating into our focal population. In this latter case,  $\lambda$  would represent a  
171 dispersal rate and  $Q_i$  would model the dispersal.

172 Our assumptions of the functional forms given by Eq. 2 thus amount to saying that birth and  
173 death rates of type  $i$  are in a form that allows us to write down per-capita birth and death rates  
174 of type  $i$  individuals, except for a potential extra influx term  $Q_i(\mathbf{x})$  whose strength is controlled  
175 by an influx rate  $\lambda$  (assumed the same for all types). We emphasize that these birth and death

176 rates can incorporate complicated interactions, but as we will see, the particular forms of these  
 177 rate functions do not matter for our purposes as long as certain basic mathematical scaling  
 178 assumptions are met (see Supplementary section S1).

179 We define the *Malthusian fitness* of the  $i^{\text{th}}$  type as

$$180 \quad w_i(\mathbf{x}) := b_i^{(\text{ind})}(\mathbf{x}) - d_i^{(\text{ind})}(\mathbf{x}) \quad (3)$$

181 and the *per-capita turnover rate* of the  $i^{\text{th}}$  type as

$$182 \quad \tau_i(\mathbf{x}) = b_i^{(\text{ind})}(\mathbf{x}) + d_i^{(\text{ind})}(\mathbf{x}) \quad (4)$$

183 The quantity  $w_i(\mathbf{x})$  describes the per-capita growth rate of type  $i$  individuals in a population  
 184  $\mathbf{x}$ , discounting the extra influx term. It is notable that both  $w_i$  and  $\tau_i$  depend on the state of the  
 185 population as a whole (*i.e.*  $\mathbf{x}$ ) and not just on the density of the focal type. Thus, in general, both  
 186 the fitness and the turnover rate in our model may be both density-dependent and frequency-  
 187 dependent.

### 188 *Statistical measures for population-level quantities*

189 Given any state  $\mathbf{x}(t)$  that describes our population at time  $t$ , let us first define the total (scaled)  
 190 population size ( $N_K(t)$ ) and the frequency  $p_i(t)$  of each type  $i$  in the population at time  $t$  as:

$$191 \quad \begin{aligned} N_K(t) &:= \sum_{i=1}^m x_i(t) = \frac{1}{K} \sum_{i=1}^m n_i(t) \\ p_i(t) &:= \frac{n_i(t)}{\sum_{j=1}^m n_j(t)} = \frac{x_i(t)}{\sum_{j=1}^m x_j(t)} = \frac{x_i(t)}{N_K(t)} \end{aligned} \quad (5)$$

192  $N_K$  here is an  $\mathcal{O}(1)$  quantity and  $KN_K$  is the total population size, which is  $\mathcal{O}(K)$ . Since  $N_K$  is  
 193 the sum of  $m$  stochastically fluctuating quantities, the total population size  $KN_K$  also experiences  
 194 stochastic fluctuations and is thus non-constant in our model. We use the term ‘fluctuating  
 195 populations’ henceforth to refer to populations of non-constant size that experience stochastic  
 196 fluctuations in this manner.

197 Note that while it may appear as if we have increased the number of dimensions of the system  
 198 by 1, the frequency vector is subject to the constraint  $\sum_i p_i = 1$ , and we thus only need to study  
 199 the system using the  $m$  variables  $[p_1, p_2, \dots, p_{m-1}, N_K]$ . We are often interested in tracking the  
 200 effects of evolution on quantities described at a population level. To facilitate this, let  $f$  be any  
 201 quantity that can be defined at the type-level, such as phenotype or fitness, with a (possibly  
 202 time-dependent) value  $f_i \in \mathbb{R}$  for the  $i^{\text{th}}$  type. Recall that we defined  $m$  discrete types in the  
 203 population on the basis that individuals within each type can be approximated as identical.



204 Now, the statistical mean value of such a quantity in the population  $[p_1, p_2, \dots, p_m]$ , which we  
205 denote by  $\bar{f}$ , is given by

$$206 \quad \bar{f}(t) := \sum_{i=1}^m f_i p_i \quad (6)$$

207 while the statistical covariance of two such quantities  $f$  and  $g$  in the population is given by

$$208 \quad \text{Cov}(f, g) := \overline{fg} - \bar{f}\bar{g} \quad (7)$$

209 Lastly, the statistical variance of a quantity  $f$  in the population is given by  $\sigma_f^2 := \text{Cov}(f, f)$ . It is  
210 important to recognize that these statistical quantities are distinct from and independent of the  
211 *probabilistic* expectation, variance, and covariance obtained by integrating over realizations in the  
212 underlying probability space. We will denote this latter expectation and variance by  $\mathbb{E}[\cdot]$  and  
213  $\mathbb{V}[\cdot]$  respectively for clarity.

## 214 **Fundamental equations of eco-evolutionary dynamics**

### 215 *Ecological dynamics: Changes in population density*

216 Having defined key assumptions of our eco-evolutionary dynamics via a generic birth and death  
217 process, we now proceed to understand how the population density vector  $\mathbf{x}$ , changes over time.

218 Recall that the stochastic birth-death process changes in units of  $1/K$  in density space. Thus,  
219 if  $K$  is large, each individual contributes a negligible amount to the population density, and the  
220 discontinuous jumps due to individual-level births or deaths in units of  $1/K$  can be approximated  
221 as small, *continuous* changes in population density  $\mathbf{x}$ . In Supplementary section S1, we use  
222 a formal version of this intuitive idea via a ‘system size expansion’ (Ethier and Kurtz, 1986,  
223 Chapter 11; Van Kampen, 1981, Chapter 10; Black and McKane, 2012; Czuppon and Traulsen,  
224 2021) to derive a continuous description of the stochastic process for population densities. This  
225 continuous description takes the form of an Itô stochastic differential equation (Itô SDE) which  
226 says that the density of the  $i^{\text{th}}$  type changes according to

$$227 \quad dx_i = [x_i w_i(\mathbf{x}) + \lambda Q_i(\mathbf{x})] dt + \frac{1}{\sqrt{K}} \sqrt{x_i \tau_i(\mathbf{x}) + \lambda Q_i(\mathbf{x})} dW_t^{(i)} \quad (8)$$

228 where each  $W_t^{(i)}$  is an independent one-dimensional Wiener process (standard Brownian motion);  
229 recall that  $w_i$  and  $\tau_i$  are Malthusian fitness and turnover rate of type  $i$ , respectively, as defined in  
230 Equations (3) and (4) whereas  $\lambda Q_i$  captures the influx.

231 The first and second terms on the RHS of Eq. 8 respectively provide the so-called ‘infinitesimal  
232 mean’ and ‘infinitesimal variance’ of the stochastic process  $x_i(t)$  that satisfies Eq. 8 (Karlin  
233 and Taylor, 1981; Czuppon and Traulsen, 2021). Informally, the infinitesimal mean and variance

234 can be understood as follows: If we imagine that the population density of type  $i$  changes from  
 235  $x_i$  to  $x_i + dx_i$  over a very small (infinitesimal) time interval  $dt$ , we can (informally) view  $dx_i$  as a  
 236 random variable. In that case, the *expected* density change  $\mathbb{E}[dx_i]$  and the *variance* in the change  
 237  $\mathbb{V}[dx_i]$  are respectively given by:

$$238 \quad \mathbb{E}[dx_i] = x_i w_i(\mathbf{x}) + \lambda Q_i(\mathbf{x}) \quad (9a)$$

$$239 \quad \mathbb{V}[dx_i] = \frac{1}{K} (x_i \tau_i(\mathbf{x}) + \lambda Q_i(\mathbf{x})) \quad (9b)$$

241 Thus, the Malthusian fitness  $w_i$  controls the expected change in population density, whereas the  
 242 turnover rate  $\tau_i$  (which is also a measure of the total number of events experienced by type  $i$  in a  
 243 given time interval) controls the variance in the change in population density. Note that unlike  
 244 in classic bet-hedging (Gillespie, 1974), an additional influx of individuals as modeled by  $\lambda Q_i$   
 245 could mean that  $\tau_i$  is *not* equal to the infinitesimal variance, but is simply proportional to it.

246 Eq. 8 describes the ecological population dynamics. However, evolution is described not in  
 247 terms of population density, but in terms of trait frequencies. Thus, to study the evolutionary dy-  
 248 namics of finite populations, we need to move from population densities  $\mathbf{x}$  to trait frequencies  $\mathbf{p}$ .  
 249 This seemingly innocuous observation has important consequences for evolutionary dynamics,  
 250 as we explain below and in Box 1.

### 251 *Replicator-mutator equation for finite fluctuating populations*

252 We now use Itô calculus to derive equations for the evolutionary dynamics of trait frequencies  
 253 from Eq. 8, our SDE for population densities. Letting  $\bar{w} = \sum w_i p_i$  and  $\bar{\tau} = \sum \tau_i p_i$  be the average  
 254 population fitness and the average population turnover respectively, we show in Supplementary  
 255 section S2 that  $p_i$ , the frequency of the  $i^{\text{th}}$  type in the population  $\mathbf{x}(t)$ , changes according to the  
 256 equation:

$$257 \quad dp_i(t) = \underbrace{[(w_i(\mathbf{p}, N_K) - \bar{w}) p_i] dt}_{\text{Natural Selection (higher fitness is better)}} - \underbrace{\frac{1}{KN_K(t)} [(\tau_i(\mathbf{p}, N_K) - \bar{\tau}) p_i] dt}_{\text{Noise-induced selection via Gillespie effect (lower turnover is better)}} \\
 + \lambda \underbrace{\left(1 - \frac{1}{KN_K(t)}\right) \left\{ Q_i(\mathbf{p}) - p_i \left( \sum_{j=1}^m Q_j(\mathbf{p}) \right) \right\} dt}_{\text{Transmission effects due to influx of individuals from other sources (mutation, migration, etc.)}} + \underbrace{\frac{1}{\sqrt{KN_K(t)}} dW_p}_{\text{Stochastic fluctuations (Non-directional over small timescales)}} \quad (10)$$

258 where we have defined  $Q_i(\mathbf{p}) := Q_i(\mathbf{x})/N_K(t)$ . Here,  $W_p$  is a stochastic integral term given by

$$259 \quad dW_p := \sqrt{p_i(1-p_i)^2\tau_i + p_i^2 \left( \sum_{j \neq i} \tau_j p_j \right) + \lambda \left( (1-p_i)^2 Q_i(\mathbf{p}) + p_i^2 \sum_{j \neq i} Q_j(\mathbf{p}) \right)} dW_t \quad (11)$$

260 where  $W_t$  is a one-dimensional Wiener process. The first term of Eq. 10 represents the effect  
 261 of natural selection for increased (Malthusian) fitness. Eq. 10 recovers the replicator-mutator  
 262 equation in the infinite population ( $K \rightarrow \infty$ ) limit when  $Q_i$  models mutation and  $\lambda$  is a mutation  
 263 rate (see section S7 in the supplementary). However, finite populations experience a directional  
 264 force dependent on  $\tau_i(\mathbf{x})$ , the per-capita turnover rate of type  $i$ , that cannot be captured in in-  
 265 finite population models (Week et al., 2021; Kuosmanen et al., 2022). This term shows that the  
 266 effect of turnover rates is structurally identical to that of the differential fitness, but it acts in the  
 267 opposite direction - a higher relative  $\tau_i$  leads to a decrease in frequency (Notice the minus sign  
 268 before the second term in Eq. 10). For this reason, the effect has been termed ‘noise-induced se-  
 269 lection’ (Week et al., 2021), though the same general idea has also been known under the names  
 270 ‘bet-hedging’ and ‘Gillespie effect’ in the evolutionary ecology literature (Gillespie, 1974; Gille-  
 271 spie, 1977; Frank and Slatkin, 1990; Starrfelt and Kokko, 2012; Veller et al., 2017). Noise-induced  
 272 selection acting through the second term of the RHS of Eq. 10 can be heuristically understood as  
 273 a stochastic selection for reduced variance in changes in population density (Box 1).

274 The third term on the RHS of Eq. 10 represents potential biasing effects due to the influx of  
 275 individuals of type  $i$  in a manner that does not depend purely multiplicatively on the current  
 276 population density  $x_i$  of type  $i$  individuals (for example, through immigration from an external  
 277 population or mutation of other types during birth). Since  $1 - 1/KN_K$  is typically very close  
 278 to 1 for medium to large population size ( $KN_K$ ), we see that such influxes of individuals are  
 279 not strongly affected by demographic stochasticity and thus have qualitatively similar effects in  
 280 small, large, and infinite populations.

281 Finally, the last term describes the effects of stochastic fluctuations due to the finite size of the  
 282 population and shows the  $1/\sqrt{KN_K}$  scaling that is typical of demographic stochasticity. Though  
 283 this last term vanishes upon taking probabilistic expectations (and is hence ‘non-directional’ in  
 284 the short term), it may have important consequences on long-term evolutionary trajectories, as  
 285 we illustrate in the next section.

286 To complete the description of the system, we also require an equation for the total scaled  
 287 population size  $N_K = \sum x_i$ . Upon noting that  $dN_K = \sum dx_i$  and using Eq. 8 for  $dx_i$ , and upon  
 288 dividing both sides by  $N_K$  we find

$$289 \quad \frac{1}{N_K} dN_K = \left[ \bar{w}(t) + \lambda \sum_{i=1}^m Q_i(\mathbf{p}) \right] dt + \frac{1}{\sqrt{KN_K(t)}} \left[ \bar{\tau}(t) + \lambda \sum_{i=1}^m Q_i(\mathbf{p}) \right]^{1/2} dW_t^{N_K} \quad (12)$$

290 where  $W_t^{N_K}$  is a one-dimensional Wiener process and we have used the representation of noise  
 291 terms presented in Supplementary section S5. Note that fitness affects only the deterministic  
 292 term, turnover rate affects only the stochastic term, and potential influxes of individuals due to  
 293 mutations at birth contribute to both the deterministic and the stochastic terms of Eq. 12.

294 Eq. 10 and 12 together completely specify the system. Since the influx terms  $\lambda Q_i$  are min-  
 295 imally affected by demographic stochasticity in Eq. 10 and contribute in the same way to both  
 296 terms on the RHS of Eq. 12, we do not expect this term to cause major qualitative differences  
 297 in the evolutionary dynamics of finite vs infinite populations. Keeping the goal of conceptual  
 298 synthesis and clarity in mind, we will therefore omit these terms in all subsequent equations  
 299 presented in the main text by setting  $\lambda = 0$ . However, we carry out all derivations with the influx  
 300 terms intact in the Supplementary sections (S1-S4), which is where we refer the interested reader.

### 301 *A special case: Two interacting types*

302 To illustrate the way stochasticity affects evolutionary dynamics in finite, fluctuating populations,  
 303 we consider the simple case of two interacting types with no additional influx terms in either type  
 304 (i.e.  $m = 2, \lambda = 0$ ). Letting  $p = p_1$  be the frequency of type 1 individuals in the population, we  
 305 find that in  $(p, N_K)$  space, our system obeys the equations

$$306 \quad dp = \left[ (w_1 - w_2)p(1 - p) - \frac{1}{KN_K}(\tau_1 - \tau_2)p(1 - p) \right] dt \quad (13a)$$

$$+ \frac{1}{\sqrt{KN_K}} \sqrt{p(1 - p) [\tau_1 + (\tau_2 - \tau_1)p]} dW_t$$

$$307 \quad \frac{1}{N_K} dN_K = \bar{w}(t) dt + \sqrt{\frac{\bar{\tau}(t)}{KN_K(t)}} dW_t^{N_K} \quad (13b)$$

309 where  $W_t$  and  $W_t^{N_K}$  are one-dimensional Wiener processes. We can now identify the (frequency-  
 310 dependent) selection coefficient  $s(p, N_K) := w_1(p, N_K) - w_2(p, N_K)$  from classic population ge-  
 311 netics. The selection coefficient quantifies the direction and strength of natural selection in the  
 312 system — a positive value of  $s$  indicates that type 1 individuals are favored by natural selection,  
 313 and a negative value of  $s$  indicates that type 1 individuals are disfavored by natural selection.

314 Eq. 13a also motivates the definition of an analogous noise-induced selection coefficient  
 315  $\kappa(p, N_K) := \tau_2(p, N_K) - \tau_1(p, N_K)$  to quantify the direction and strength of noise-induced selec-  
 316 tion. If type 1 has a lower turnover rate,  $\kappa(p, N_K) > 0$ , and thus type 1 is favored by noise-induced  
 317 selection.

318 With this notation, Eq. 13a becomes

$$319 \quad dp = p(1 - p) \left[ s(p, N_K) + \frac{\kappa(p, N_K)}{KN_K} \right] dt + \frac{1}{\sqrt{KN_K}} \sqrt{p(1 - p) (\tau_1 + p\kappa(p, N_K))} dW_t \quad (14)$$

**Box 1: A heuristic for noise-induced selection over small time intervals**

One key mechanism through which noise-induced selection can affect evolutionary dynamics is by biasing evolutionary trajectories towards types with lower turnover rates, even if these types have the same (or even lower) fitness than other types in the population. Here, we explain this mechanism via an intuitive argument that has the same flavor as arguments seen in the bet-hedging literature (Gillespie, 1977; Frank and Slatkin, 1990; Starrfelt and Kokko, 2012). Ignoring influx terms ( $\lambda = 0$ ), Eq. 8 becomes

$$dx_i = x_i w_i(\mathbf{x}) dt + \sqrt{\frac{x_i \tau_i(\mathbf{x})}{K}} dW_t^{(i)} \quad (\text{i})$$

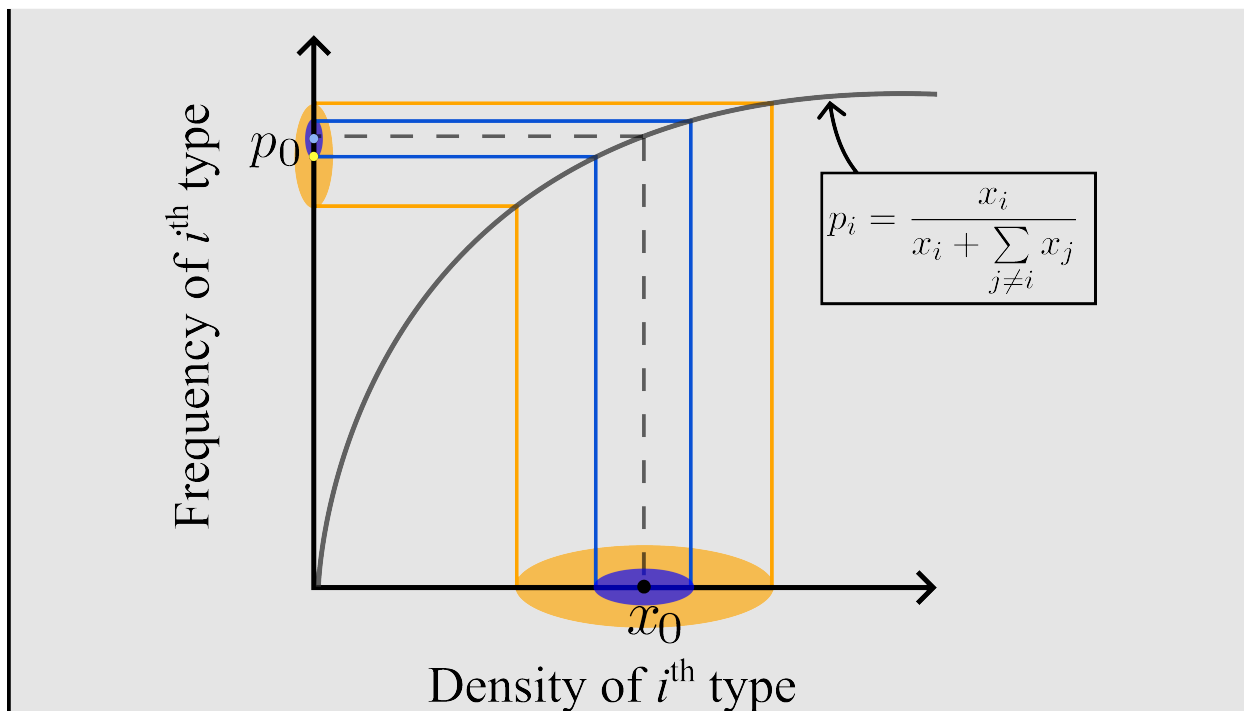
To illustrate the idea via an example, imagine a system consisting of two types of individuals, 1 and 2, which have equal fitness but unequal turnover rates; without loss of generality, assume  $\tau_1 > \tau_2$ . Let us further assume that both types have the same density  $x_0$ . From Eq. (9), we see that the infinitesimal mean of population density is given by  $x_i w_i(\mathbf{x})$ , whereas the infinitesimal variance is given by  $x_i \tau_i(\mathbf{x})/K$ . Thus, in our example, though the two types of individuals have the *same expected change* in population density, type 1 individuals have a *greater variance* in the changes in density than type 2 individuals.

Since evolution is defined as changes in trait frequencies, we transform variables from population density to trait frequency to see how differential variance affects evolutionary trajectories. This is done via the transformation

$$p_i = \frac{x_i}{x_i + \sum_{j \neq i} x_j} \quad \text{for any fixed } i \in \{0, 1, 2, \dots, m\}, \quad (\text{ii})$$

Observe now that frequency ( $p_i$ ) is a *concave* function of density  $x_i$  (Eq (ii)). Due to concavity, equivalent changes in density do not correspond to equivalent changes in frequency. Instead, a result mathematically known as Jensen's inequality and diagrammatically represented in figure 2 applies.

Note that an increase in density leads to a relatively smaller increase in frequency, whereas an equivalent decrease in density leads to a larger decrease in frequency. This implies that stochastic reductions in density have a higher cost (decrease in frequency) than the benefits (increase in frequency) conferred by a numerically equivalent increase in density (Fig. 2). Thus, variance in the density process leads to a net cost in frequency space, and all else being equal, a greater variance comes with a greater cost. Types with lower turnover rates (corresponding to lower infinitesimal variance in Eq. (i)) are thus favored.



**Figure 2:** A diagrammatic representation of the consequences of demographic stochasticity when total population size can vary. The grey curve represents the transformation from population densities to trait frequencies via Eq. (ii). The ellipses are representations of possible changes in population composition for two types with the same fitness and same initial density, but different variances (yellow > blue). The center of the ellipse represents the infinitesimal mean of the density process, the major axis captures the infinitesimal variance, and the colored region is thus representative of all possible changes given that an event (birth or death) has occurred. Reductions in density have a stronger effect on frequency than increases in density, and due to this, the expected frequency (centers of ellipses on the y-axis) after an event has occurred is less than the initial frequency  $p_0$  even if the expected density (centers of ellipses on the x-axis) coincides with the initial density  $x_0$ . Types with a larger variance in the density process (yellow ellipse in the figure) experience a greater reduction in expected frequency relative to types with a lower variance (blue ellipse). Similar figures, with the X and Y axes being absolute fitness and relative fitness respectively, appear in expositions of bet-hedging (e.g. Frank and Slatkin, 1990; Starrfelt and Kokko, 2012); In our figure, the axes are population density and trait frequency respectively.

The argument we provide here is particular to populations of non-constant size. To see this, assume that the total (scaled) population size  $\sum_i x_i$  is a constant  $N > 0$ . The transformation in Eq. (ii) then becomes

$$p_i = \frac{x_i}{x_i + \sum_{j \neq i} x_j} = \frac{x_i}{N} \quad (\text{iii})$$

and is now simply a linear re-scaling of  $x_i$  rather than a concave function. The asymmetry between increases in density and decreases in density observed in Fig. 2 thus disappears. In other words, the mechanism that we identified above no longer works!

322 where we see that the selection coefficient  $s(p, N_K)$  affects the  $dt$  term of Eq. 14, and the  
 323 noise-induced selection coefficient  $\kappa(p, N_K)$  affects both the  $dt$  and  $dW_t$  terms. Note that fitness  
 324 only enters into the population dynamics via the selection coefficient  $s$ , whereas turnover also  
 325 appears via  $\tau_1$  in the second term on the RHS of Eq. 14. In other words, only the relative fitness  
 326 or the difference  $w_1 - w_2$ , but not the absolute value of the fitness  $w_i$ , matters for the deterministic  
 327 dynamics. In contrast, the absolute value of the per-capita turnover rate *does* affect the stochastic  
 328 dynamics of the system via the second term on the RHS of Eq. 14.

329 Noise-induced selection can also affect the long-term behaviour of the population dynam-  
 330 ics through the second term on the RHS of Eq. 14 due to turnover-dependent stochastic ef-  
 331 fects (McLeod and Day, 2019a). Let  $m(p)$  be the probability density function associated with  
 332 the quasi-stationary distribution of the stochastic process defined by Eq. 14. Informally, if we  
 333 restrict ourselves to situations in which neither type has reached fixation or gone extinct in the  
 334 population,  $m(p)dp$  describes (upto a normalization constant) the probability of observing a trait  
 335 frequency in the interval  $(p, p + dp)$  for a very small value of  $dp$ . In supplementary section S6,  
 336 we show (Eq. S80) that the quasi-stationary density  $m(p)$  obeys the equation:

$$337 \quad \frac{dm}{dp} = m(p) \left[ \underbrace{\frac{2p-1}{p(1-p)}}_{\substack{\text{Anti-symmetric} \\ \text{about } p=0.5}} + \underbrace{2\frac{E(p)}{V(p)}}_{\substack{\text{Same sign} \\ \text{as first term} \\ \text{on RHS of Eq.14}}} - \underbrace{\frac{1}{V(p)} \frac{dV}{dp}}_{\substack{\text{Contributions from} \\ \text{second term} \\ \text{on RHS of Eq. 14}}} \right] \quad (15)$$

338 where

$$339 \quad E(p, N_K) = s(p, N_K) + \frac{1}{KN_K} \kappa(p, N_K) \quad (16a)$$

$$340 \quad V(p, N_K) = \frac{1}{KN_K} (\tau_1(p, N_K) + p\kappa(p, N_K)) \quad (16b)$$

341 The sign of  $dm/dp$  tells us whether type 1 is favored in the stationary distribution (positive  
 342 meaning that type 1 is favored), and points at which  $dm/dp = 0$  tell us about the most likely  
 343 and/or least likely value of  $p$  in the stationary distribution (McLeod and Day, 2019a; Majumder et  
 344 al., 2021). The first term on the RHS of 15 is anti-symmetric about  $p = 0.5$  and thus uninteresting  
 345 on its own for determining the sign of  $dm/dp$  as a function of  $p$ .

346 The second term of Eq. 15 represents the balance between classical selection and a form of  
 347 noise-induced selection that is visible over short timescales (see Box 1). Since both  $s$  and  $\kappa$  are  
 348  $\mathcal{O}(1)$  functions, natural selection will tend to dominate  $E(p)$  when the total population size  $KN_K$   
 349 is large. Additionally, if  $s$  and  $\kappa$  are of similar magnitude (*i.e.* the strength of natural selection is  
 350 comparable to the strength of the Gillespie effect), natural selection will still dominate the sign  
 351 of  $E(p)$  since the total population size  $KN_K$  must be greater than 1. However, noise-induced  
 352 selection in this form can qualitatively affect evolutionary dynamics if differences in Malthusian

353 fitnesses are close to zero (*i.e.* natural selection is weak,  $s \approx 0$ ) or if total population size  $KN_K$  is  
354 small. We will also show this explicitly using an example in the next section.

355 Eq. 15 also tells us that the ‘Gillespie effect’ explained in Box 1 is not the only way in which  
356 noise-induced selection can affect evolutionary dynamics over long timescales: Instead, the long-  
357 term behaviour of finite population systems is also profoundly affected by the ‘noise’ terms in  
358 Eq. 14, as captured by the last term on the RHS of Eq. 15. In particular, even when the first  
359 term on the RHS of Eq. 14 vanishes or acts in the same direction as classical selection (*i.e.* the  
360 ‘Gillespie effect’ is weak or absent), the long-term behavior of finite populations may still system-  
361 atically differ from infinite population predictions, in particular possibly ‘reversing’ the direction  
362 of evolution, if  $dV/dp$  is non-zero. For example, type 1 individuals can be overrepresented at  
363 equilibrium even if  $s + \kappa/KN_K < 0$  (meaning that the first term on the RHS of 14 favors type  
364 2 individuals) as long as  $dV/dp$  is sufficiently negative (McLeod and Day, 2019a). As an aside,  
365 note that  $1/VdV/dP$  could also equivalently be written as the derivative of  $\log(V)$  with respect  
366 to  $p$ , and thus represents the strength and direction of frequency dependence of  $\log(V)$ . Since  
367  $\mathbb{V}[dp] = p(1-p)V(p)$  from Eq. 14,  $\log(V)$  can be interpreted as being proportional to the log-  
368 arithm of the variance in the changes in the trait frequency  $dp$ . This term thus captures the  
369 contributions of stochastic fluctuations/‘noise’ in the trait frequency changes  $dp$  and can be in-  
370 terpreted as ‘selecting’ for reduced variance in the change in trait frequencies  $dp$ , whereas the  
371 ‘Gillespie effect’ is a selection for reduced variance in the change in population densities. To the  
372 best of our knowledge, this effect was first explicitly recognized in the literature by McLeod and  
373 Day (2019a) in the context of social evolution.

374 Remarkably, in the case where natural selection does not operate ( $s = 0$ ), if  $\tau_1$  and  $\kappa$  are  
375 independent of the total population size  $KN_K$ , so is the stationary distribution. This can be seen  
376 by noting that when  $s = 0$ , the total population size  $KN_K$  affects the dynamics only through a  
377 pre-factor of  $1/KN_K$  that occurs in both  $E(p)$  and  $V(p)$ . It therefore disappears in the ratio  $E/V$ .  
378 Thus, unlike the classic results regarding the relative strengths of natural selection and genetic  
379 drift, the total population size does *not* affect the relative strengths of noise-induced selection and  
380 genetic drift — instead, it is the difference in turnover rates  $\kappa$  and the frequency-dependence of  
381  $V(p)$  that determine whether the stationary distribution favors one type over the other. A similar  
382 observation has been made in the context of life-history theory (Shpak, 2005).

383 Noise-induced selection clearly disappears in the infinite population limit ( $K \rightarrow \infty$ ). Addi-  
384 tionally, we can now make our claim from Box 1 that noise-induced selection is particular to pop-  
385 ulations of non-constant total population size precise: If the total population size  $KN_K = K \sum_j x_j$   
386 is a constant, the additional stochastic term introduced by Itô’s formula in the derivation carried  
387 out in S2 vanishes. Instead, simply dividing the equation for species densities (Eq. 8) by the  
388 (now constant) total population size directly provides the complete dynamics of the system in  
389 frequency space. The deterministic part of Eq. 8 depends only on the fitness  $w_i$  and influx terms  
390 but does not depend on turnover rate  $\tau_i$ . We can therefore also conclude that noise-induced selec-



tion through the Gillespie effect is particular to *non-constant* populations whose total population size  $KN_K$  changes stochastically depending on the population composition  $\mathbf{x}(t)$ .

### *An example with two competing types*

To illustrate when noise-induced selection can be important for population dynamics, we use a simple biologically motivated example in this section. Several abiotic factors such as temperature and pH are known to be ecological ‘rate modulators’ that affect either the birth rate or death rate of organisms, with obvious consequences for evolutionary dynamics (Fronhofer et al., 2023). To see how demographic stochasticity may affect the effect of ecological rate modulators on evolutionary dynamics, consider here two competing phenotypes, which we denote by 1 and 2. Though we stick to this ‘rate modulation’ language henceforth, another potential interpretation of the model we study below comes from epidemiology: In this case, the two types can be thought of as two competing strains of pathogens, a ‘rate modulator’ that affects birth rates can be thought of as affecting transmission rate, and a ‘rate modulator’ that affects death rates can be thought of as affecting virulence (Parsons et al., 2018). We consider the case where type 1 is affected by the ecological rate modulator but type 2 is not. For simplicity, we assume the population is closed with no mutations during birth (*i.e.*  $\lambda = 0$ ). Below, we use  $p$  to denote the frequency of type 1 individuals in the population.

For pedagogical clarity, we assume that rate modulation occurs by simply shifting the birth and/or death rate by a constant. In equations, this can be modelled via the relations:

$$b_1^{(\text{ind})}(p, N_K) = b_2^{(\text{ind})}(p, N_K) + \epsilon_b \quad (17a)$$

$$d_1^{(\text{ind})}(p, N_K) = d_2^{(\text{ind})}(p, N_K) + \epsilon_d \quad (17b)$$

where  $\epsilon_b$  and  $\epsilon_d$  are real numbers describing the effect of the ecological rate modulator on the birth and death rates respectively. Using the definitions of  $s$  and  $\kappa$ , we find

$$s(p, N_K) = \epsilon_b - \epsilon_d \quad (18a)$$

$$\kappa(p, N_K) = -[\epsilon_b + \epsilon_d] \quad (18b)$$

Note that if  $\epsilon_b = 0, \epsilon_d < 0$ , both  $s$  and  $\kappa$  are positive, whereas if  $\epsilon_b > 0, \epsilon_d = 0$ ,  $s > 0$  but  $\kappa < 0$ . In other words, if type 1 has a decreased death rate (virulence in the epidemiological case) but identical birth rate relative to type 2, type 1 is favored by both natural selection and noise-induced selection. On the other hand, if type 1 has an increased birth rate (transmission rate in the epidemiology case) but an identical death rate relative to type 2, type 1 is favored by natural selection but disfavored by noise-induced selection. Thus, all else being equal, reducing the death rate is generically more favorable than increasing the birth rate by an analogous amount,

425 an observation that has been made in finite population models in epidemiology (Parsons et al.,  
426 2018), social evolution (McLeod and Day, 2019a), life-history evolution (Alexander and Wahl,  
427 2008), and cancer biology (Raatz and Traulsen, 2023).

428 For the rest of this example, we assume that  $\epsilon_b > 0, \epsilon_d > 0$ , *i.e.* that type 1 has both an  
429 increased birth rate and an increased death rate compared to type 2. We may now ask, when is  
430 the outcome of evolution different from that expected by infinite population dynamics?

#### 431 *Noise-induced selection in the absence of natural selection*

432 First, consider the situation  $\epsilon_b = \epsilon_d = \epsilon$ . This corresponds to the two types having the same  
433 growth rate, but type 1 having a faster pace of life than type 2. The selection coefficient and  
434 noise-induced selection coefficient are

$$435 \quad s(p, N_K) = 0 \quad (19)$$

$$436 \quad \kappa(p, N_K) = -2\epsilon \quad (20)$$

437 Thus, as expected, natural selection does not operate in the system. In the infinite population  
438 limit, natural selection is the only force that affects population dynamics and we thus expect any  
439 initial frequency  $p_0$  of type 1 individuals to remain unchanged in the population (to see this,  
440 take  $K \rightarrow \infty$  in Eq. 14). Over short timescales, the effects of demographic stochasticity can be  
441 observed by looking at the expected change in frequency  $\mathbb{E}[dp]$ . Using Eq. 14 and substituting  
442 the functional forms given by Eq. 18, we find

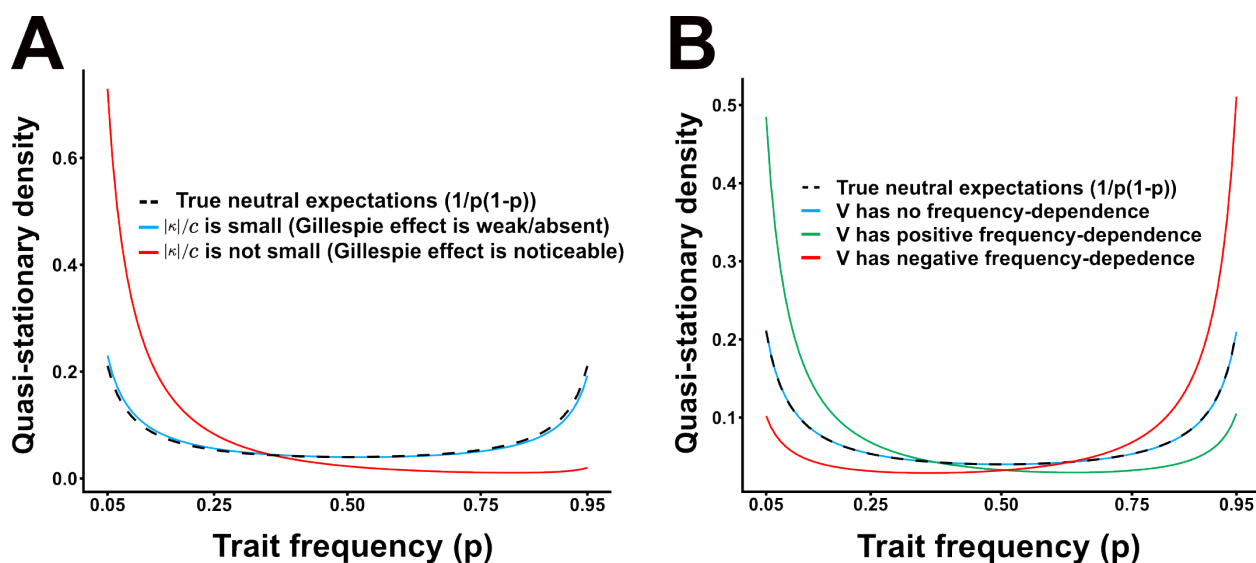
$$443 \quad \frac{d}{dt} \mathbb{E}[p] = \mathbb{E} \left[ \frac{\kappa(p, N_K)}{N_K} p(1-p) \right] = -\frac{2\epsilon}{KN_K} \mathbb{E}[p(1-p)] \quad (21)$$

444 Since the RHS of Eq. 21 is always negative for  $p \in (0, 1)$ , we can infer that if the system begins  
445 at any initial frequency  $p_0 \in (0, 1)$ , the proportion of type 1 individuals is expected to decrease.  
446 If  $\epsilon_b = \epsilon_d$ , the ecological rate modulator is thus detrimental to the evolutionary fate of type  
447 1 individuals over short time scales in finite populations, despite infinite population models  
448 predicting neutrality. This result is a manifestation of the ‘fast’ mechanism of noise-induced  
449 selection via the Gillespie effect from Box 1: All else being equal, a faster pace of life comes with  
450 a greater variance in change of population density within a given time interval since there are  
451 simply more stochastic birth/death events taking place.

452 However, the evolutionary fate over long timescales depends not only on the expected change  
453 of frequency alone but also on the variance in the change of frequencies. This stochastic effect,  
454 captured by the  $dW$  term in Eq. 14, depends on the functional form of  $\tau_1(p, N_K)$  (and not merely  
455 the difference  $\kappa = \tau_2 - \tau_1$ ), which we have not yet specified in our model (Eq. 17). For simplicity,

456 let us assume that the turnover rates  $\tau_i$  have linear frequency dependence. Specifically, let us  
 457 assume  $\tau_1 = bp + c$ , where  $p$  is the frequency of type 1 individuals and  $b$  and  $c$  are suitable  
 458 constants. Since we would like  $\kappa$  to still be given by Eq. 20, this automatically specifies  $\tau_2$  as  
 459  $\tau_2 = bp + c - 2\epsilon$ . Thus, we assume  $\tau_1$  and  $\tau_2$  change in the same direction (increase or decrease)  
 460 as the frequency of type 1 individuals increases.

461 The probability of observing a population in which the trait frequency is  $p$  can be described  
 462 via the so-called ‘quasi-stationary density’ (speed measure). The quasi-stationary density de-  
 463 scribes the probability of observing the population in a given configuration  $(p, N_K)$  conditioned  
 464 on non-extinction of either type (Supplementary section S6). In our example, we can derive an  
 465 exact expression for the quasi-stationary distribution. We present this solution in Supplementary  
 466 section S9, and only illustrate the key points here via Figure 3.



**Figure 3:** Two distinct noise-induced effects on evolutionary dynamics. **A.** If the magnitude of the noise-induced selection coefficient  $\kappa$  is large relative to the intrinsic turnover rate  $c$ , the fast mechanism of noise-induced selection for reduced per-capita variance operates. Parameters are chosen such that  $V(p)$  is not frequency-dependent (blue:  $\epsilon = 0.5, b = 1, c = 10$ ; red:  $\epsilon = 0.5, b = 1, c = 0.5$ ). **B.** The stationary distribution can also be biased if  $V(p) = \tau_1 + p\kappa = \tau_1 - 2\epsilon p$  is frequency-dependent. This slower mechanism of noise-induced selection favors the type that reduces  $V(p)$ . Parameters in this panel are chosen such that the strength of the fast mechanism (Gillespie effect) is negligible (blue:  $\epsilon = 0.025, b = 0.05, c = 10$ ; green:  $\epsilon = 0.025, b = 50, c = 10$ ; red:  $\epsilon = 0.025, b = -8.5, c = 10$ )

467 Figure 3 illustrates two distinct ways in which ‘noise-induced selection’ can manifest in finite,  
 468 fluctuating populations. If dynamics are truly neutral (in the sense of the two types being exactly  
 469 equivalent) and the system begins with  $p = 0.5$ , then both types are equally likely to increase/de-  
 470 crease. The quasi-stationary density is thus equal to  $1/p(1-p)$  (up to a constant). Noise-induced

471 effects can bias this distribution in two distinct ways (Box 2): (1) The noise-induced selection co-  
 472 efficient  $\kappa$  can bias the expected trajectory over short timescales, eventually leading to a bias in  
 473 the stationary distribution. Since this effect can be observed over short timescales as deviations of  
 474  $dp/dt$  from the expected trajectory, we refer to it as the ‘fast’ mechanism of noise-induced selec-  
 475 tion. The fast mechanism can be identified with the Gillespie effect from bet-hedging theory and  
 476 is a selection for reduced variance in density change  $dx_i$ . Since  $\kappa = -2\epsilon < 0$ , the fast mechanism  
 477 always favors the type with the slower pace of life (Fig. 3A). (2) A second noise-induced effect  
 478 appears only over long time scales through a biasing of the stationary distribution via the last  
 479 term of Eq. 15. We thus call it a ‘slow’ mechanism of noise-induced selection. For our example,  
 480 we can calculate

$$\begin{aligned}
 481 \quad V(p) &= \tau_1 + p\kappa = bp + c + p\kappa \\
 482 \quad \Rightarrow \frac{dV}{dp} &= b - \kappa \tag{22}
 \end{aligned}$$

483 Equation 22 tells us that this slower mechanism favors type 1 if  $b < \kappa$ , type 2 if  $b > \kappa$ , and does  
 484 not operate if  $b = \kappa$ . Thus, noise-induced selection through the slow mechanism may act in the  
 485 same direction or the opposite direction of noise-induced selection through the fast mechanism  
 486 (the ‘Gillespie effect’) based on the details of the frequency-dependence of the per-capita turnover  
 487 rates (Fig 3B).

#### 488 *Noise-induced selection in the presence of natural selection*

489 Consider now instead a situation in which the rate modulator affects the birth rate more than  
 490 it does the death rate (*i.e.*  $\epsilon_b > \epsilon_d > 0$ ). In this case, the selection coefficient  $s$  in Eq. 18 is  
 491 always positive, and thus natural selection always favors type 1 individuals. As before, noise-  
 492 induced selection may affect evolutionary dynamics in two distinct ways. First, noise-induced  
 493 selection may invert the direction of the expected trajectory  $\mathbb{E}[dp/dt]$  via the fast mechanism.  
 494 Noise-induced selection may also bias the stationary distribution towards certain types through  
 495 the slow mechanism of selection for reduced variance in  $dp$ . We examine the two possibilities  
 496 one by one.

497 Since  $s > 0$ , we can use Eq. 14 to say the expected trajectory is in the opposite direction of  
 498 infinite population predictions if  $s + \kappa/KN_K < 0$ . Using Eq. 18, we see that this is equivalent to

$$\begin{aligned}
 499 \quad \epsilon_b - \epsilon_d - \frac{1}{KN_K} (\epsilon_b + \epsilon_d) < 0 &\Rightarrow \left(1 - \frac{1}{KN_K}\right) \epsilon_b < \left(1 + \frac{1}{KN_K}\right) \epsilon_d \\
 500 \quad \Rightarrow \frac{\epsilon_b}{\epsilon_d} < \frac{KN_K + 1}{KN_K - 1} &\tag{23}
 \end{aligned}$$

501 Using inequality 23 in Eq. 18a, we can arrive at the inequality

$$\begin{aligned} 502 \quad s &= \epsilon_d \left( \frac{\epsilon_b}{\epsilon_d} - 1 \right) < \epsilon_d \left( \frac{KN_K + 1}{KN_K - 1} - 1 \right) \\ 503 \quad &\Rightarrow s(KN_K - 1) < 2\epsilon_d \end{aligned} \quad (24)$$

504 Thus, noise-induced selection can reverse the expected trajectory of evolutionary dynamics when  
505 the product  $s(KN_K - 1)$  is sufficiently small, *i.e.* when either *selection is weak* ( $s$  is small), *popula-*  
506 *tions are small* ( $KN_K$  is small), or both.

507 We now also examine the contributions of the noise terms to the stationary distribution. We  
508 see from Eq. 15 that we can say noise-induced selection favors type 1 through the noise term  
509 when  $dV/dp < 0$ . Using the definition of  $V$  from Eq. 16b and substituting the functional forms  
510 given by Eq. 18, we see that  $dV/dp < 0$  is equivalent to

$$511 \quad \frac{d\tau_1}{dp} < \epsilon_b + \epsilon_d \quad (25)$$

512 If  $\tau_1$  is a constant, *i.e.* the per-capita birth rates  $b_1^{(\text{ind})}$  and  $d_1^{(\text{ind})}$  do not depend on population  
513 composition, inequality 25 will automatically be satisfied as long as there is some rate modulation  
514 in the system (*i.e.*  $\epsilon_b$  and  $\epsilon_d$  are not both 0). If  $\tau_1$  is frequency dependent, 25 is satisfied whenever  
515  $\tau_1$  exhibits negative frequency dependence, though it may also be satisfied if  $\tau_1$  exhibits weak  
516 positive frequency dependence. We do not explore the effects of noise-induced selection on  
517 the stationary distribution further for the sake of conciseness. However, we note that since we  
518 already studied the behaviour of  $E(p)$  above, it is now straightforward to determine from Eq.  
519 15 when this latter effect combines with  $E(p)/V(p)$  to make the RHS of Eq. 15 positive. In  
520 Supplementary section S10, we provide an example system in which noise-induced selection  
521 can never act through the fast mechanism to reverse the expected trajectory  $\mathbb{E}[dp/dt]$ , but may  
522 nevertheless affect long term evolutionary trajectories through the slow mechanism.

### Box 2: Two distinct non-neutral effects of demographic stochasticity

Our equations reveal that noise-induced selection, or directional effects of demographic stochasticity, can affect evolutionary dynamics through two distinct mechanisms. In this box, we provide a synthesis of the connections and delineations between the two mechanisms.

1. The *fast mechanism* selects for reduced variance in changes in population density (Gillespie, 1974; Gillespie, 1977). Noise-induced selection, in this case, appears in the ‘deterministic’ term ( $dt$  term) of the replicator-mutator equation (Eq. 10) and is apparent over both short (‘ecological’) timescales as well as long (‘evolutionary’)

523

timescales as a systematic deviation of the expected trajectory  $\mathbb{E}[dp/dt]$  from the infinite population prediction. The fast mechanism can be identified with the ‘Gillespie effect’ from the bet-hedging literature (Gillespie, 1974) and is obtained as a balance between natural selection for increased ecological growth rate and a stochastic selection for reduced variance in changes in population densities (see Box 1). This effect is thus a version of classical bet-hedging (Frank and Slatkin, 1990; Starrfelt and Kokko, 2012) in an explicitly demographic, dynamical context. Noise-induced selection through the fast mechanism is most apparent when natural selection is weak or absent, populations are small, or both. Non-constant total population size is essential for this effect to operate in the case of constant external environments (see Box 1).

2. The *slow mechanism* selects for reduced variance in changes in trait frequency (McLeod and Day, 2019a). Noise-induced selection in this case appears in the ‘stochastic’ term ( $dW$  term) of the replicator-mutator equation (Eq. 10) and is only apparent over very long (‘evolutionary’) timescales as a systematic bias or shift in the stationary distribution. The slow mechanism is a result of frequency-dependence in the variance of changes in trait frequencies and selects those types that are associated with lower variance (Fig 3B). The strength of slow noise-induced selection varies inversely with (the square root of) population size, and the direction of the effect depends on the frequency-dependence of the per-capita turnover rates  $\tau_i$ .

Unlike natural selection, the balance between noise-induced selection (through either mechanism) and genetic drift in the absence of natural selection does *not* depend on the total population size: Instead, it is determined by the details of the demographic processes occurring in the population: If different types have different turnover rates, the fast mechanism operates, and if some types are associated with lower variance in the change in trait frequencies, the slow mechanism operates.

We provide a simple example of these effects via a model of variation in the pace of life in the main text, and the results are summarized in Fig 3. Our figure highlights that the two noise-induced effects may operate in isolation or simultaneously, and may either supplement (red curve in Fig. 3A and green curve in 3B) or oppose (red curves in 3A and 3B) each other. In Supplementary section S10, we also provide an example in which noise-induced selection can never reverse the direction of evolution predicted by natural selection through the fast mechanism but may nevertheless do so through the slow mechanism. In Supplementary section S11, we provide an example of a stochastic Lotka-Volterra competition model with both natural selection and mutation in which noise-induced selection acting via the fast mechanism can reverse the direction of evolution predicted by natural selection-mutation balance.

## Price equation for finite fluctuating populations

525

526 We show that the statistical population mean  $\bar{f}$  of any type-level quantity  $f$  (e.g. phenotype,  
527 fitness) changes over time according to the equation (see Supplementary section S3)

$$528 \quad d\bar{f} = \underbrace{\text{Cov}(w, f)dt}_{\text{Classical selection}} - \underbrace{\frac{1}{KN_K(t)}\text{Cov}(\tau, f)dt}_{\text{Noise-induced selection (fast mechanism)}} + \underbrace{\left(\frac{\partial f}{\partial t}\right)dt}_{\text{Ecological feedbacks}} + \underbrace{\frac{1}{\sqrt{KN_K(t)}}dW_{\bar{f}}}_{\text{Stochastic fluctuations}} \quad (26)$$

529 where

$$530 \quad dW_{\bar{f}} := \left( \sqrt{\text{Cov}(\tau, (f - \bar{f})^2) + \bar{\tau}\sigma_f^2} \right) dW_t \quad (27)$$

531 where is a stochastic integral term describing un-directed stochastic fluctuations (see Eq. S64 in  
532 Supplementary section S5). Here,  $W_t$  is a Wiener process that is not the same Wiener process that  
533 appears in Eq. 10.

534 Eq. 26 recovers the Price equation in the infinite population ( $K \rightarrow \infty$ ) limit (see section S7).  
535 Each term in Eq. 26 lends itself to a simple biological interpretation. The first term,  $\text{Cov}(w, f)$ ,  
536 is well-understood in the classical Price equation and represents the effect of natural selection. If  
537 the trait and the fitness are positively correlated, the mean trait value in the population increases  
538 due to the effect of selection. The second term,  $\text{Cov}(\tau, f)/KN_K(t)$  is the effect of noise-induced  
539 selection on the population mean via the fast mechanism in finite fluctuating populations. Bi-  
540 ologically, the  $\text{Cov}(\tau, f)$  term (with negative sign) describes a biasing effect due to differential  
541 turnover rates between different types; if the trait is positively correlated with turnover rate,  
542 mean trait value will reduce.

543 The third term of Eq. 26 is relevant in both finite and infinite populations whenever  $f_i$  can  
544 vary over time and represents feedback effects on the quantity  $f_i$  of the  $i^{\text{th}}$  species over short  
545 ('ecological') time-scales. Such feedback could be through a changing environment, phenotypic/  
546 behavioral plasticity, or any manner of other 'ecological' phenomena. This is the term that  
547 captures eco-evolutionary feedback loops.

548 Finally, the last term of Eq. 26 describes the role of stochastic fluctuations. Recall that the  
549 square of this term corresponds to the infinitesimal variance of the change in the mean value  
550  $d\bar{f}$  of the quantity  $f$  in the population.  $(f_i - \bar{f})^2$  is a measure of the distance of  $f_i$  from the  
551 population mean  $\bar{f}$ . The  $\text{Cov}(\tau, (f - \bar{f})^2)$  term thus tells us that if turnover  $\tau_i$  of the  $i^{\text{th}}$  type  
552 covaries positively with the distance of  $f_i$  from the population mean (*i.e.* individuals with more  
553 extreme  $f$  have higher turnover rates), the population experiences a greater variance in  $d\bar{f}$ , *i.e.*  
554 the change in the mean value of  $f$  over infinitesimal time intervals. The  $\bar{\tau}\sigma_f^2$  term tells us that  
555 even if  $\tau$  and  $f$  do not covary, there is still some variance in  $d\bar{f}$ , given now by the product  
556 of the mean turnover rate  $\bar{\tau}$  with the standing variation  $\sigma_f^2$  in the quantity  $f$ . As we shall see

557 in the next section, this is a manifestation of neutral genetic/ecological drift. Just as in the  
 558 replicator-mutator equation, stochastic fluctuations through  $dW_{\bar{f}}$  can profoundly affect the long-  
 559 term behaviour (stationary distribution) of  $\bar{f}$  via the ‘slow’ mechanism of noise-induced selection  
 560 if the term inside the square root of Eq. 27 depends on  $\bar{f}$ . Note that unlike for the replicator  
 561 equation, the SDE in Eq. 26 is one-dimensional regardless of the number of traits ( $m$ ), and thus  
 562 the stationary distribution of the mean value  $\bar{f}$  can always be studied the way we studied Eq. 14.

### 563 *Fisher’s fundamental theorem for finite fluctuating populations*

564 Two particularly interesting implications of Eq. 26 are realized upon considering the time evolu-  
 565 tion of mean fitness and mean turnover rate. First, upon substituting  $f = w$  in Eq. 26 and taking  
 566 expectations over the underlying probability space, we obtain:

$$567 \quad \mathbb{E} \left[ \frac{d\bar{w}}{dt} \right] = \underbrace{\mathbb{E} [\sigma_w^2]}_{\text{Fisher's fundamental theorem}} - \underbrace{\mathbb{E} \left[ \frac{\sigma_{b^{(\text{ind})}}^2 - \sigma_{d^{(\text{ind})}}^2}{KN_K(t)} \right]}_{\text{Noise-induced selection}} + \underbrace{\mathbb{E} \left[ \frac{\partial w}{\partial t} \right]}_{\text{Eco-evolutionary feedbacks to fitness}} \quad (28)$$

568 The first term,  $\sigma_w^2$ , is the subject of Fisher’s fundamental theorem (Frank and Slatkin, 1992; Kokko,  
 569 2021), and says that in infinite populations, the rate of change of mean fitness in the population  
 570 is proportional only to the standing variation in fitness  $\sigma_w^2$  if fitness at the type level ( $w_i$ ) does  
 571 not change over time. The second term of Eq. 28 is a manifestation of noise-induced selection  
 572 acting via the fast mechanism and is particular to finite populations. Finally, the last term arises  
 573 in both finite and infinite populations whenever  $w_i$  can vary over time (Kokko, 2021), be it  
 574 through frequency-dependent selection, phenotypic plasticity, varying environments, or other  
 575 ecological mechanisms, and represents feedback effects on the fitness  $w_i$  of the  $i^{\text{th}}$  species over  
 576 short (‘ecological’) time-scales. Eq. 28 recovers the standard version of Fisher’s fundamental  
 577 theorem in the infinite population ( $K \rightarrow \infty$ ) limit (see section S7).

### 578 *The demographic origins of fitness differences induce quantitative corrections to Fisher’s funda-* 579 *mental theorem in finite populations*

580 Since  $w = b^{(\text{ind})} - d^{(\text{ind})}$  by definition, Eq. 28 can alternatively also be written as

$$581 \quad \mathbb{E} \left[ \frac{d\bar{w}}{dt} \right] = \underbrace{\mathbb{E} \left[ \left( 1 - \frac{1}{KN_K} \right) \sigma_{b^{(\text{ind})}}^2 \right]}_{\text{Changes in mean fitness due to differential birth rates}} + \underbrace{\mathbb{E} \left[ \left( 1 + \frac{1}{KN_K} \right) \sigma_{d^{(\text{ind})}}^2 \right]}_{\text{Changes in mean fitness due to differential death rates}} + \underbrace{\mathbb{E} \left[ \frac{\partial w}{\partial t} \right]}_{\text{Eco-evolutionary feedbacks to fitness}} \quad (29)$$



582 Eq. 29 redescibes variation in fitness in terms of the more fundamental processes of birth and  
 583 death. Eq. 29 also tells us that variation in death rates leads to a slightly greater rate of increase in  
 584 mean fitness than an equivalent variation in birth rates. For example, if individuals differ in birth  
 585 rates alone (*i.e.*  $\sigma_{d(\text{ind})}^2 = 0, \sigma_w^2 = \sigma_{b(\text{ind})}^2$ ), Eq. 29 predicts that the rate of mean fitness in the absence  
 586 of eco-evolutionary effects is given by  $\mathbb{E}[(1 - 1/KN_K)\sigma_w^2]$ . On the other hand, if individuals  
 587 instead differ in death rates alone, (*i.e.*  $\sigma_{b(\text{ind})}^2 = 0, \sigma_w^2 = \sigma_{d(\text{ind})}^2$ ), the rate of change of mean fitness  
 588 in the absence of eco-evolutionary effects is given by  $\mathbb{E}[(1 + 1/KN_K)\sigma_w^2]$ , which is a slightly faster  
 589 rate of convergence. Note, however, that these are only minor quantitative corrections to Fisher's  
 590 fundamental theorem and the two cases exhibit the same qualitative behaviour.

591 *An analog of Fisher's fundamental theorem for the mean turnover rate of the*  
 592 *population*

593 Carrying out the same steps in deriving Eq. 28 with  $f = \tau$  in Eq. 26 yields a dynamical equation  
 594 for the evolution of mean turnover rates and reads

$$595 \quad \mathbb{E} \left[ \frac{d\bar{\tau}}{dt} \right] = \underbrace{\mathbb{E} [\sigma_{b(\text{ind})}^2 - \sigma_{d(\text{ind})}^2]}_{\text{Classical selection effects}} - \underbrace{\mathbb{E} \left[ \frac{\sigma_{\tau}^2}{KN_K(t)} \right]}_{\text{Noise-induced selection effects}} + \underbrace{\mathbb{E} \left[ \frac{\partial \tau}{\partial t} \right]}_{\text{Eco-evolutionary feedbacks to } \tau_i} \quad (30)$$

596 This equation has been derived by Kuosmanen et al., 2022 using an alternative mathematical  
 597 approximation scheme. The effect of classical natural selection on the evolution of mean turnover  
 598 depends on whether birth rates or death rates have greater variation in the population, as cap-  
 599 tured by the first term — if birth rates have greater variance than death rates, then mean turnover  
 600 increases due to natural selection, whereas if birth rates have lesser variance than death rates,  
 601 mean turnover decreases due to natural selection. The second term of Eq. 30 appears only in  
 602 finite populations and is exactly analogous to the  $\sigma_w^2$  term that appears in Fisher's fundamental  
 603 theorem. This term says that noise-induced selection always reduces mean turnover in the pop-  
 604 ulation, with the rate of reduction of the mean turnover rate being proportional to the standing  
 605 variation in turnover rates  $\sigma_{\tau}^2$ . Finally, the last term on the RHS of Eq. 30 quantifies the effect of  
 606 eco-evolutionary feedback via changes in the turnover of each type over time.

607 *The fundamental equation for the population variance via a generalization of an*  
 608 *equation for variance of type-level quantities*

609 Eq. 26 is a general equation for the mean value of an arbitrary type level quantity  $f$  in the  
 610 population. In many real-life situations, we are interested in not just the population mean, but  
 611 also the variance of a quantity in the population. In Supplementary section S4, we show that the

612 statistical variance of any type level quantity  $f$  obeys

$$\begin{aligned}
 d\sigma_f^2 = & \underbrace{\text{Cov}\left(w, (f - \bar{f})^2\right) dt}_{\text{Classical selection}} - \underbrace{\frac{2}{KN_K} \text{Cov}\left(\tau, (f - \bar{f})^2\right) dt}_{\text{Noise-induced selection (fast mechanism)}} - \underbrace{\frac{1}{KN_K} \bar{\sigma}_f^2 dt}_{\text{Genetic/Ecological drift}} \\
 & + \underbrace{2\text{Cov}\left(\frac{\partial f}{\partial t}, f\right) dt}_{\text{Ecological feedbacks}} + \underbrace{\frac{1}{\sqrt{KN_K(t)}} dW_{\sigma_f^2}}_{\text{Stochastic fluctuations}}
 \end{aligned}
 \tag{31}$$

614 where

$$dW_{\sigma_f^2} := \sqrt{\text{Cov}\left(\tau, (f - \bar{f})^4\right) + \bar{\sigma}_f^2} dW_t
 \tag{32}$$

616 is a stochastic integral term measuring the (non-directional) effect of stochastic fluctuations that  
 617 vanishes upon taking an expectation over the probability space (see Eq. S66 in Supplementary  
 618 section S5). As before, we use  $W_t$  to denote a generic Wiener process — the  $W_t$  that appears in  
 619 Eq. 31 is not necessarily the same process that appears in either Eq. 10 or Eq. 26. The stochastic  
 620 dependencies between the various Wiener processes can be studied using a relation discussed in  
 621 Supplementary section S5.

622 Once again, terms of Eq. 31 lend themselves to straightforward biological interpretation.  
 623 The quantity  $(f_i - \bar{f})^2$  is a measure of the distance of  $f_i$  from the population mean value  $\bar{f}$ ,  
 624 and thus covariance with  $(f - \bar{f})^2$  quantifies the type of selection operating in the system: A  
 625 negative correlation is indicative of stabilizing or directional selection, and a positive correlation  
 626 is indicative of disruptive (*i.e.* diversifying) selection (Rice, 2004, Chapter 6; Lion, 2018). An  
 627 extreme case of diversifying selection for fitness occurs if the mean fitness of the population  
 628 is at a local minimum but  $f_i \neq \bar{f}$  (*i.e.* the population still exhibits some variation in  $f$ ). In  
 629 this case, if the variation in  $f$  is associated with a variation in fitness, then  $\text{Cov}(w, (f - \bar{f})^2)$   
 630 is strongly positive and the population experiences a sudden explosion in variance, causing the  
 631 emergence of polymorphism in the population. If  $\text{Cov}(w, (f - \bar{f})^2)$  is still positive after the initial  
 632 emergence of multiple morphs, evolution eventually leads to the emergence of stable coexisting  
 633 polymorphisms in the population - this phenomenon is a slight generalization of the idea of  
 634 evolutionary branching that occurs in frameworks such as adaptive dynamics (Doebeli, 2011).  
 635 The  $\text{Cov}(\partial f / \partial t, f)$  term represents the effect of eco-evolutionary feedback loops due to changes  
 636 in  $f$  at the type level.

637 Finally, the last term on the RHS of Eq. 31 describes the role of stochastic fluctuations.  
 638 The square of this term is the infinitesimal (probabilistic) variance of the changes in statistical  
 639 variance  $d\sigma_f^2$  of  $f$ . Just like in the stochastic replicator-mutator and Price equations, this term  
 640 can profoundly affect the long-term behaviour (stationary distribution) of  $\sigma_f^2$  through the slow

641 mechanism of noise-induced selection. Just like the stochastic Price equation, the SDE in Eq. 31 is  
 642 always one-dimensional, and thus the stationary distribution of the variance  $\sigma_f^2$  can also always  
 643 be studied the way we studied Eq. 14.

644 In the case of one-dimensional quantitative traits, an infinite-dimensional version of Eq. 31  
 645 has recently been rigorously derived (Week et al., 2021) using measure-theoretic tools under  
 646 certain additional assumptions (See equation (21c) in Week et al., 2021). Taking expectations over  
 647 the probability space in Eq. 31 also recovers an equation previously derived and used (Débarre  
 648 and Otto, 2016) in the context of evolutionary branching in finite populations as a special case  
 649 (Equation A.23 in Débarre and Otto, 2016 is equivalent to our Eq. 31 for their choice of functional  
 650 forms upon converting their change in variance to an infinitesimal rate of change *i.e.* derivative).  
 651 An infinite population ( $K \rightarrow \infty$ ) version of Eq. 31 also appears in Lion, 2018 (see section S7 in  
 652 the online supplementary) as a dynamic version of earlier, dynamically insufficient equations for  
 653 the change in trait variation over a single generation (For example, see Eq. 6.14 in Rice, 2004).

#### 654 *Loss of trait variation in populations experiencing genetic drift*

655 The  $\bar{\tau}\sigma_f^2$  term quantifies the loss of variation due to stochastic extinctions (*i.e.* demographic  
 656 stochasticity) and thus represents the classic effect of neutral genetic (or ecological) drift in finite  
 657 populations. To see this, it is instructive to consider the case in which this is the only force at  
 658 play. Let us imagine a population of asexual organisms in which each  $f_i$  is simply a label or mark  
 659 arbitrarily assigned to individuals in the population at the start of an experiment/observational  
 660 study and subsequently passed on to offspring — for example, a neutral genetic tag in a part of  
 661 the genome that experiences a negligible mutation rate. Since the labels are arbitrary and have  
 662 no effect whatsoever on the biology of the organisms, each label has the same fitness  $w_i \equiv w$  and  
 663 per-capita turnover  $\tau_i \equiv \tau$ , and thus  $\bar{w} = w$  and  $\bar{\tau} = \tau$ . Note that since every type has the same  
 664 fitness and turnover rate, we have  $\text{Cov}(w, (f - \bar{f})^2) \equiv \text{Cov}(\tau, (f - \bar{f})^2) \equiv 0$ . Since the labels  
 665 do not change over time, we also have  $\text{Cov}(\partial f / \partial t, f) = 0$ . From Eq. 31, we see that in this case,  
 666 the variance changes as

$$667 \quad d\sigma_f^2 = -\frac{\tau\sigma_f^2}{KN_K(t)}dt + \frac{1}{\sqrt{KN_K(t)}}dW_{\sigma_f^2} \quad (33)$$

668 Taking expectations, the second term on the RHS vanishes, and we see that the expected  
 669 variance in the population obeys

$$670 \quad \frac{d\mathbb{E}[\sigma_f^2]}{dt} = -\left(\mathbb{E}\left[\frac{\tau}{KN_K}\right]\right)\mathbb{E}[\sigma_f^2] \quad (34)$$

671 where we have decomposed the expectation of the product on the RHS into a product of expecta-  
 672 tions, which is admissible since the label  $f$  is completely arbitrary and thus independent of both  
 673  $\bar{\tau}$  and  $N_K(t)$ . Eq. 34 is a simple linear ODE and has the solution

$$\mathbb{E}[\sigma_f^2](t) = \sigma_f^2(0)e^{-\mathbb{E}\left[\frac{\tau}{KN_K}\right]t} \quad (35)$$

This equation tells us that the expected diversity (variance) of labels in the population decreases exponentially over time. The rate of loss is  $\mathbb{E}\left[\tau(KN_K)^{-1}\right]$ , and thus, populations with higher turnover rate  $\tau$  and/or lower population size  $KN_K$  lose diversity faster. This is because populations with higher  $\tau$  experience more stochastic events per unit time and are thus more prone to stochastic extinction, while extinction is ‘easier’ in smaller populations because a smaller number of deaths is sufficient to eliminate a label from the population completely. Note that *which* labels/individuals are lost is entirely random (since all labels are arbitrary), but nevertheless, labels tend to be stochastically lost until only a single label remains in the population. Upon rescaling time as  $t \rightarrow \tau t$ , equation 35 recovers the continuous time version of the loss of heterozygosity formula for finite populations from population genetics (Ewens, 2004, Eq. 1.5; Crow and Kimura, 1970, sections 7.3 and 8.4).

## Discussion

The central result of our paper is a set of stochastic dynamical equations for changes in trait frequencies in the population (Eq. 10) that generalizes the replicator-mutator equation to finite populations of non-constant size evolving in continuous time. From this, we derive a generalization of the Price equation (Eq. 26) and Fisher’s fundamental theorem (Eq. 28) to such populations, as well as an equation for changes in population variance of a type-level quantity (Eq. 31). Starting from an arbitrary density-dependent birth-death process, our framework recovers, from first principles, well-known equations of population biology, such as the replicator-mutator equation, Price equation, and Fisher’s fundamental theorem, in the infinite population limit (see section S7). Our generalised equations also reveal a novel directional evolutionary force termed noise-induced selection that emerges, surprisingly, purely from stochastic effects. Noise-induced selection can manifest through two distinct mechanisms (Box 2), one that is visible over both ecological and evolutionary timescales and one that is only visible over very long (evolutionary) timescales. Several theorists have called for a reformulation of eco-evolutionary dynamics starting from stochastic birth-death processes on the grounds that such a formulation is more fundamental and mechanistic (Metcalf and Pavard, 2007; Lambert, 2010; Doebeli et al., 2017). Our equations provide a starting point for such a reformulation by deriving some fundamental equations for the eco-evolutionary dynamics of finite, stochastically fluctuating populations. Below, we discuss some potentially fundamental implications of these equations to our understanding of stochastic evolutionary dynamics in finite populations.

## Finite population effects on eco-evolutionary dynamics

706

707 For finite populations, our stochastic eco-evolutionary equations generically predict a novel di-  
708 rectional evolutionary force called noise-induced selection that has been previously reported in  
709 model-specific contexts (Constable et al., 2016; McLeod and Day, 2019a; Parsons et al., 2018).  
710 This evolutionary force is a consequence of demographic stochasticity and can act through two  
711 distinct mechanisms (see Box 2): Over short timescales, noise-induced selection manifests as a  
712 reduction of variance in changes in population density  $dx_i$  and acts on variation in per-capita  
713 turnover rate  $\tau$ , obtained by the sum of birth and death rates, of individuals. This ‘fast’ form of  
714 noise-induced selection is identifiable with the Gillespie effect (Gillespie, 1974) from bet-hedging  
715 theory and is detectable as a systematic deviation of the evolutionary trajectory of the system in  
716 trait frequency space relative to infinite population expectations. The fast mechanism of noise-  
717 induced selection can occur whenever there is a *differential turnover rate*  $\tau$  in the system. Further,  
718 it always favors types whose per-capita turnover rate is lower than that of the population av-  
719 erage (Box 1). Noise-induced selection can also act in a much slower fashion, visible only over  
720 very long timescales, if the variance in the change in trait frequency is itself frequency depen-  
721 dent. This ‘slow’ mechanism is only visible as a bias in the expected distribution of types over  
722 very long, evolutionary timescales (the stationary distribution), and favors types whose presence  
723 causes a reduction in the variance of changes in trait frequency  $dp_i$ . The fast and slow mecha-  
724 nisms may either supplement or oppose each other (see the example in the section “An example  
725 with two competing types”). Both forms of noise-induced selection can qualitatively affect the  
726 long-term evolutionary trajectory of populations and can even reverse the direction of evolution  
727 as determined by natural selection.

728 These results suggest an intriguing requirement for neutral evolution in finite populations:  
729 It is not sufficient for the trait in question to be neutral with respect to fitness  $w$  alone. Instead,  
730 we also require the trait to be neutral with respect to noise-induced selection. In other words,  
731 even in (finite) populations with no differential fitness among traits, there exists a directional  
732 evolutionary force that may systematically bias the course of evolution. Since noise-induced  
733 selection can act through two distinct mechanisms (see Box 2 and the example in the section  
734 “An example with two competing types”), we will see truly neutral evolution (in the sense of  
735 fixation probability only depending on initial frequency) in finite populations only when three  
736 conditions are met: no differential fitness (natural selection does not operate), no differential  
737 turnover rates (noise-induced selection does not operate through the fast mechanism), and no  
738 frequency dependence in variance of changes in trait frequency (noise-induced selection does not  
739 operate through the slow mechanism). Systematic deviations from neutrality in the absence of  
740 fitness differences have been observed in special cases before. Models of cell cycle dynamics find  
741 that selection favors cell types that periodically arrest their cell cycle (thus reducing per-capita  
742 turnover rate) relative to non-arresting cells even when their growth rates are equal (Wodarz

743 et al., 2017). Similarly, ecological models find that when species with equal growth rates compete  
744 in finite, fluctuating populations, the species with a lower death rate outcompetes the one with  
745 a higher death rate despite the infinite population limit predicting coexistence (Lin et al., 2012;  
746 Oliveira and Dickman, 2017; Balasekaran et al., 2022). This latter bias towards species with lower  
747 death rates has sometimes been interpreted as a selection for ‘longevity’ (Lin et al., 2012) or a  
748 ‘slower biological clock’ (Oliveira and Dickman, 2017). Our analysis highlights that such results  
749 may equivalently be due to noise-induced selection preferentially favoring lower turnover rates.  
750 Our general SDEs also recover some previous work from social evolution (McLeod and Day,  
751 2019a) and epidemiology (Parsons et al., 2018; Day et al., 2020) as special cases (Supplementary  
752 section S8).

753 While most evolutionary studies focus on mean traits and frequencies, we have also derived  
754 an equation for the dynamics of trait variance (Eq. 31) in finite populations. This shows that  
755 noise-induced selection can also affect the evolutionary dynamics by affecting higher moments  
756 of the trait distribution. An intriguing application of our variance equation comes from the study  
757 of evolutionary branching via adaptive dynamics. Evolutionary branching points are attracting  
758 fixed points in infinite population frameworks like adaptive dynamics (Doebeli, 2011). Since  
759 evolutionary branching is accompanied by a sudden increase in the variance of the trait in the  
760 population, it can be studied by looking at the dynamics of trait variance over time (Nordbotten  
761 et al., 2020); For finite populations, we predict that branching points of adaptive dynamics are  
762 not attractors due to the second and third terms on the RHS of Eq. 31. This observation could  
763 generically help explain why finite populations frequently exhibit a lower tendency or take a  
764 longer time to undergo evolutionary branching compared to infinite population models (Johans-  
765 son and Ripa, 2006; Claessen et al., 2007; Wakano and Iwasa, 2013; Rogers and McKane, 2015;  
766 Débarre and Otto, 2016). Indeed, a special case of Eq. 31 has been used to show that evolutionary  
767 branching is less likely in finite populations in a social evolution model (Débarre and Otto, 2016).

768 On the practical side, the existence of noise-induced selection implies that simulation stud-  
769 ies working with evolutionary individual-based or agent-based models should be careful about  
770 whether interaction effects are incorporated into birth rates or death rates since this seemingly ar-  
771 bitrary choice can have unintended consequences due to noise-induced selection, thus potentially  
772 biasing results (McLeod and Day, 2019a; Kuosmanen et al., 2022). Our results also indicate that  
773 measuring the growth rate of populations is not, in general, sufficient for accurate prediction/in-  
774 ference of future trajectories of the relative abundance of a species (or phenotype, allele, etc.)  
775 from empirical data even in completely controlled environments. Lastly, noise-induced selection  
776 is particular to fluctuating populations and does not occur in models with fixed population sizes  
777 such as the Wright-Fisher or Moran models. Taken alongside other theoretical (Lambert, 2010;  
778 Parsons et al., 2010; Abu Awad and Coron, 2018; Kuosmanen et al., 2022; Mazzolini and Grilli,  
779 2023) and empirical (Papkou et al., 2016; Chavhan et al., 2019) studies on evolution in fluctuating  
780 populations, this last point suggests that models which assume fixed total population size, such

781 as Wright-Fisher and Moran, may miss out on important evolutionary phenomena that are only  
782 seen in finite, populations of *non-constant size*.

### 783 *Connections with other general frameworks*

784 Our equations generalize Lion's (2018) general framework of infinite population deterministic  
785 eco-evolutionary dynamics to finite, fluctuating populations — taking  $K \rightarrow \infty$  in Eq. 10, Eq.  
786 26, and Eq. 31 recover equations (6), (11), and (14) in Lion, 2018 respectively. Lion, 2018 has  
787 pointed out that in the dynamic setting (for infinite populations), the replicator-mutator equation  
788 is the truly fundamental equation, and equations like the Price equation are best viewed as an  
789 infinite hierarchy of moment equations for the population mean, population variance, and higher  
790 moments of a type-level quantity. This is also true in our framework - Eq. 10 is the fundamental  
791 equation for population dynamics, and equations like Eq. 26 and Eq. 31 can then be derived from  
792 Eq. 10 through repeated application of Itô's formula. If we assume that the quantity  $f$  follows a  
793 Gaussian distribution, then the mean and variance completely characterize the distribution, and  
794 thus, Eq. 10, Eq. 26, and Eq. 31 together specify the complete stochastic dynamics of the system.

795 Rice has proposed a stochastic version of the Price equation (Rice, 2020 and references cited  
796 therein). Like the original Price equation, Rice's equations are formulated as a general decompo-  
797 sition of the phenotypic change between two given populations. They are thus the true stochastic  
798 analog of the original Price equation, whereas our version, Eq. 26, is the analog of Lion's (2018)  
799 version of the Price equation in a continuous time, dynamically sufficient setting. Rice's deriva-  
800 tions also treat fitness as fundamental, whereas we derive suitable notions of fitness and turnover  
801 from demographic first principles. As a consequence, the 'extra' stochastic term corresponding to  
802 noise-induced selection that appears in our equations fundamentally emerges from the stochas-  
803 ticity of the underlying births and deaths of organisms and is thus of ecological/demographic  
804 origin, whereas the 'extra' stochastic term in Rice's equations emerges from the stochasticity of  
805 fitness alone when viewed as a random variable (Rice, 2020). It thus need not, to the best of our  
806 knowledge, correspond to the same effect we identify here.

807 At first glance, the idea of an evolutionary force that selects individuals with lower birth and  
808 death rates over individuals with higher birth and death rates may be reminiscent of ideas from  
809 life-history evolution such as  $r$  vs.  $K$  selection (Pianka, 1972; Stearns, 1977), bet-hedging & dor-  
810 mancy in temporally variable environments (Frank and Slatkin, 1990; Childs et al., 2010; Gremer  
811 and Venable, 2014; ten Brink et al., 2020), or 'pace-of-life syndromes' (Mathot and Frankenhuis,  
812 2018; Wright et al., 2019). However, it is unclear whether these similarities reflect a deep biological  
813 principle or whether the semblance is just superficial. For one, incorporating a highly variable  
814 (non-Poisson) clutch size requires the use of stochastic processes that cannot be expressed in  
815 terms of the birth-death processes we study in this paper (for example, see Wang et al., 2023).  
816 Secondly, many models in life-history theory, such as in  $r$  vs  $K$  selection models or models of the

817 evolution of dormancy, are often primarily concerned with spatio-temporally fluctuating external  
818 environments, and in such situations, the stochasticity in those models is extrinsic to the popu-  
819 lation (Stearns, 1977; Childs et al., 2010). We have entirely neglected such extrinsic factors in our  
820 formalism. If the variation of the environment has some associated stochasticity, the complete  
821 dynamics of the system would be the result of interactions between two qualitatively different  
822 forms of noise — *extrinsic* noise from the environment, and *intrinsic* noise from the finiteness of  
823 the population — and can consequently be rather complex and intricate (Gokhale and Hauert,  
824 2016; Chavhan et al., 2021). Thus, while connecting noise-induced selection with ideas such as  
825 the pace-of-life syndrome is biologically appealing, it is likely a non-trivial extension and may  
826 present a promising avenue for future work.

827 Our equations reveal how noise-induced effects on the eco-evolutionary dynamics of popu-  
828 lations of non-constant size can be differentiated into two major, qualitatively different effects  
829 (Box 2): The  $dt$  terms of our SDEs all contain a ‘noise-induced’ term that influences the expected  
830 trajectory over infinitesimal time intervals  $dt$  (The second term on the RHS of Eqs. 10, 26, and 31).  
831 This term models the expected effects of ‘noise-induced selection’ over very small time intervals  
832  $dt$ , and has been the object of study in early models of bet-hedging in finite populations (Gille-  
833 spie, 1974; Shpak, 2005). We can thus identify this ‘fast mechanism’ of noise-induced selection as  
834 the ‘Gillespie effect’ from the bet-hedging literature (Gillespie, 1974; Gillespie, 1977; see Box 1).  
835 However, note that due to potential additional influx terms  $\lambda Q_i$ , the quantity  $\tau_i$  is not precisely  
836 equal to the variance in the per-capita growth rate in our model, but is still proportional to it.  
837 Unlike many classic bet-hedging papers such as Gillespie (1974) and Frank and Slatkin (1990),  $w_i$   
838 and  $\tau_i$  (and thus the mean and variance of the change in population density) cannot vary inde-  
839 pendently in our framework; Instead, both are defined from first principles in terms of birth and  
840 death rates and are deeply related to each other, as is evident from their definitions (Eqs 3 and  
841 4). This naturally introduces a tradeoff between increasing  $w$  and decreasing  $\tau$ . Furthermore, the  
842 variance that is studied in bet-hedging models is typically variance in *offspring numbers* (Gillespie,  
843 1977). The variance in Eq. 9b is *not* variance in offspring numbers, but instead variance in the  
844 ecological ‘growth rate’  $dx_i$  (over an infinitesimal time interval), a quantity that has sometimes  
845 been called ‘demographic variance’ (Engen et al., 1998; Shpak, 2007).

846 Noise-induced selection over infinitesimal time scales via the fast mechanism may also appear  
847 in the ‘deterministic’ term ( $dt$  term) as a deviation from the expected trajectory if we project  
848 the ecological dynamics onto a ‘slow manifold’ through a separation of timescales argument, a  
849 common procedure for reducing the dimension of stochastic dynamical systems (Constable et al.,  
850 2013; Parsons and Rogers, 2017). A change of variables via a projection of the dynamics onto  
851 a manifold is responsible for the ‘noise-induced effects’ that appear in purely ecological models  
852 (i.e. models of population densities) where dynamics are projected onto a manifold describing  
853 populations that are at equilibrium over short timescales (Constable et al., 2016; Chotibut and  
854 Nelson, 2017; Mazzolini and Grilli, 2023). A change of variables via projection onto a manifold



855 is also at the heart of the stochastic ‘drift-induced selection’ that drives evolutionary transitions  
856 between male and female heterogamety (XX/XY to ZW/ZZ and vice versa) in stochastic models  
857 of the evolution of chromosomal sex determination systems (Veller et al., 2017; Saunders et al.,  
858 2018). In models of sex determination, the projection is onto a manifold describing populations  
859 in which the sex ratio is 1:1 (Veller et al., 2017; Saunders et al., 2018). Thus, the effects of  
860 demographic stochasticity in these studies can be identified as manifestations of noise-induced  
861 selection acting via the fast mechanism (as defined in Box 2).

862 There is an entirely different effect of demographic stochasticity that is less evident over short  
863 timescales but is revealed as a systematic bias in the (quasi-)stationary distribution (see Box 2).  
864 This latter effect can occur even when the fast mechanism is absent (to see this, set  $s = -\kappa / KN_K$  in  
865 Eq. 14 but let  $\tau_i$  and  $\kappa$  be frequency-dependent) and is a manifestation of frequency-dependence  
866 in the variance of the changes in trait frequency  $dp_i$ . This effect favors changes in frequency that  
867 lead to a reduction in the (infinitesimal) variance of the frequency process Eq. 10. To the best of  
868 our knowledge, potential directional biases in the stationary distribution due to noise-induced  
869 effects were first recognized by McLeod and Day (2019a) in the context of social evolution models  
870 of the evolution of altruism.

871 Since the slow and fast mechanisms of noise-induced selection have distinct origins, are vis-  
872 ible over different timescales, and may push evolution in different directions, we suggest it is  
873 helpful to explicitly differentiate between the two mechanisms of noise-induced selection to  
874 identify which mechanisms are germane to any particular biological population (Box 2). By  
875 re-deriving some standard equations of population dynamics for finite populations, our paper  
876 presents a general description of how noise-induced selection through the fast mechanism of  
877 selection for reduced turnover rates  $\tau_i$  and the slow mechanism for reduced variance in changes  
878 in trait frequency interact with each other as well as with the more well-understood evolution-  
879 ary forces of natural selection, influx (mutation/migration), and neutral genetic/ecological drift.  
880 We thus provide a framework with which to approach particular finite population systems and  
881 systematically determine which evolutionary forces are important in specific contexts.

882 The equivalent of our stochastic equations has also recently been derived for quantitative  
883 traits from a very different starting point using the theory of measure-valued branching pro-  
884 cesses (Week et al., 2021) — equations (21b) and (21c) in Week et al., 2021 are exactly the  $m \rightarrow \infty$   
885 version of our equations for changes in the mean value of a type-level quantity and changes in the  
886 variance of a type-level quantity respectively for the special case in which the type-level quantity  
887 is the value of the quantitative trait being studied. A recent preprint (Kuosmanen et al., 2022)  
888 has also independently arrived at the equivalent of some of our equations using an alternative  
889 approximation scheme. Using certain discrete time stochastic processes and their approximation  
890 via techniques reminiscent of numerical stochastic integration, Kuosmanen et al., 2022 have ar-  
891 rived at our equation for type frequencies (Eq. 10) and the change of mean fitness and turnover in  
892 the population (Eq. 28 and Eq. 30), and interpreted these equations in the context of life-history

893 evolution. However, unlike in our work, neither of these previous studies explicitly delineates or  
894 studies the interplay between the two distinct mechanisms (Box 2) through which noise-induced  
895 selection alters evolutionary dynamics.

## 896 *Concluding remarks*

897 A small but growing body of literature has begun to highlight the surprising and counter-  
898 intuitive effects of demographic stochasticity in shaping evolutionary outcomes in many ecologi-  
899 cal scenarios. In this paper, we derive from demographic first principles some general stochastic  
900 dynamical equations that conceptually unify such previous studies by connecting their dynamics  
901 to standard equations of population biology such as the replicator equation. Further, the terms  
902 of the equations we derive lend themselves to simple biological interpretations, recover stan-  
903 dard equations of evolutionary theory in the infinite population limit, and illustrate two distinct  
904 mechanisms through which demographic stochasticity can affect evolutionary trajectories in a  
905 biased manner. The equations we derive thus provide some general insights into how evolution  
906 should operate in finite, fluctuating populations. Our results show that alongside natural selec-  
907 tion and neutral genetic drift, finite populations also experience an additional *directional* force  
908 (noise-induced selection) that can affect evolutionary trajectories, sometimes even reversing the  
909 direction of evolution predicted by natural selection. Furthermore, this noise-induced selection  
910 can operate through either a ‘fast’ mechanism that is visible over short timescales or a ‘slow’  
911 mechanism that is visible only over very long timescales as a biasing of the stationary distribu-  
912 tion. To the best of our knowledge, the equations we derive in this paper are the first to showcase  
913 how noise-induced selection alters some standard equations of population biology. The utility  
914 of the equations we derive thus lies not (necessarily) in their solutions for specific models, but  
915 instead in their generality and the fact that their terms help us clearly think about the various evo-  
916 lutionary phenomena operating in biological populations (Queller, 2017; Lehtonen, 2018; Lion,  
917 2018; Luque and Baravalle, 2021). We work solely with unstructured populations in this paper,  
918 thus neglecting any potential effects of groups, sex, age, or space. Future work could potentially  
919 focus on including these additional features to investigate their effects in amplifying or reducing  
920 the effects of noise-induced selection.

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927

## Author Contributions

928 **Ananda Shikhara Bhat:** Conceptualization, Methodology, Formal Analysis, Investigation, Writ-  
929 ing - Original Draft, Writing - Review & Editing, Visualization; **Vishwesh Guttal:** Conceptual-  
930 ization, Methodology, Validation, Writing - Review & Editing, Supervision.

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## Supplementary Information for

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## populations and the noise-induced reversal of selection

1207

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## S1 The master equation and the system size expansion

1235

1236 Given a system with  $m$  different types of individuals and birth and death rate functions  $b_i(\mathbf{n})$  and  
 1237  $d_i(\mathbf{n})$ , we are interested in finding an equation for the rate of change of the conditional probability  
 1238  $P(\mathbf{n}, t | \mathbf{n}_0, 0)$ , the probability of finding the population in a state  $\mathbf{n}$  at time  $t$ . Henceforth, we omit  
 1239 the conditioning for notational brevity and simply write  $P(\mathbf{n}, t)$  for this quantity. We assume that  
 1240 the birth and death rates are of the order of the total population size, *i.e.* that  $b_i(\mathbf{n})$  and  $d_i(\mathbf{n})$  are  
 1241  $\mathcal{O}(\sum_i n_i)$  functions.

1242 For each  $i \in \{1, \dots, m\}$ , let us now define two step operators  $\mathcal{E}_i^\pm$  by their action on any  
 1243 function  $f([n_1, \dots, n_m], t)$  as:

$$1244 \quad \mathcal{E}_i^\pm f([n_1, \dots, n_i, \dots, n_m], t) = f([n_1, \dots, n_i \pm 1, \dots, n_m], t) \quad (\text{S1})$$

1245 In other words,  $\mathcal{E}_i^\pm$  just changes the population through the addition or removal of one type  $i$   
 1246 individual. We can now write down an exact equation for the rate of change of  $P(\mathbf{n}, t)$  by noting  
 1247 that the only direct transitions allowed are those from populations that are exactly one individual  
 1248 away from our focal population. Thus, we have the relation

$$1249 \quad \frac{\partial P}{\partial t}(\mathbf{n}, t) = \sum_{j=1}^m \left[ (\mathcal{E}_j^- - 1)b_j(\mathbf{n})P(\mathbf{n}, t) + (\mathcal{E}_j^+ - 1)d_j(\mathbf{n})P(\mathbf{n}, t) \right] \quad (\text{S2})$$

1250 This equation is called the 'master equation', and completely characterizes our  $m$ -dimensional  
 1251 process.

1252 As mentioned in the main text, we assume that there is a carrying capacity/population size  
 1253 measure  $K > 0$  such that the total population size  $\sum_i n_i$  is expected to be  $\mathcal{O}(K)$ . This allows us  
 1254 to move from population numbers  $\mathbf{n}$  to population 'densities'  $\mathbf{x} = \mathbf{n}/K$ . Specifically, we assume  
 1255 that we can find  $\mathcal{O}(1)$  functions  $b_i^{(K)}$  and  $d_i^{(K)}$  such that we can write

$$1256 \quad \begin{aligned} b_i(\mathbf{n}) &= K b_i^{(K)}(\mathbf{x}) \\ d_i(\mathbf{n}) &= K d_i^{(K)}(\mathbf{x}) \end{aligned} \quad (\text{S3})$$

1257 Note that this assumption means that  $b_i^{(K)}$  and  $d_i^{(K)}$  remain well-defined even in the  $K \rightarrow \infty$  limit,  
 1258 since  $b_i/K$  and  $d_i/K$  remain  $\mathcal{O}(1)$  by our assumption on the scaling properties of  $\mathbf{n}$ ,  $b_i$ , and  $d_i$ .  
 1259 Thus, we may still speak of population densities  $x$  in the infinite population size limit ( $K \rightarrow \infty$ ).  
 1260 Note that this scaling assumption implies that in the functional forms 2, we assume that  $b_i^{(\text{ind})}(\mathbf{x})$ ,  
 1261  $d_i^{(\text{ind})}(\mathbf{x})$ , and  $Q_i(\mathbf{x})$  are all  $\mathcal{O}(1)$  functions.

1262 To describe our stochastic process in terms of population densities rather than absolute pop-  
 1263 ulation sizes, we now define new step operators  $\Delta_i^\pm$  by their action on any real-valued function

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1264  $f(\mathbf{x}, t)$  as

$$1265 \quad \Delta_i^\pm f([x_1, \dots, x_m], t) = f([x_1, \dots, x_i \pm \frac{1}{K}, \dots, x_m], t) \quad (S4)$$

1266 In terms of these new variables, (S2) becomes

$$1267 \quad \frac{\partial P}{\partial t}(\mathbf{x}, t) = K \sum_{j=1}^m \left[ (\Delta_j^- - 1) b_j^{(K)}(\mathbf{x}) P(\mathbf{x}, t) + (\Delta_j^+ - 1) d_j^{(K)}(\mathbf{x}) P(\mathbf{x}, t) \right] \quad (S5)$$

1268 If  $K$  is large, we can now Taylor expand the action of the step operators as

$$1269 \quad f([x_1, \dots, x_i \pm \frac{1}{K}, \dots, x_m], t) = f(\mathbf{x}, t) \pm \frac{1}{K} \frac{\partial f}{\partial x_i}(\mathbf{x}, t) + \frac{1}{2K^2} \frac{\partial^2 f}{\partial x_i^2}(\mathbf{x}, t) + \dots$$

1270 which, after substituting into (S5) and neglecting higher order terms, yields the equation

$$1271 \quad \frac{\partial P}{\partial t}(\mathbf{x}, t) = \sum_{j=1}^m \left[ -\frac{\partial}{\partial x_j} \{A_j^-(\mathbf{x}) P(\mathbf{x}, t)\} + \frac{1}{2K} \frac{\partial^2}{\partial x_j^2} \{A_j^+(\mathbf{x}) P(\mathbf{x}, t)\} \right] \quad (S6)$$

1272 where

$$1273 \quad A_i^\pm(\mathbf{x}) = b_i^{(K)}(\mathbf{x}) \pm d_i^{(K)}(\mathbf{x})$$

1274 Equation (S6) is an  $m$ -dimensional version of a 'Fokker-Planck equation' for the probability den-  
1275 sity  $P(\mathbf{x}, t)$ .

### 1276 *Itô SDE representation*

1277 For our purposes, we will often find it convenient to describe the same process as defined by the  
1278 Fokker-Planck equation (S6) via an 'Itô stochastic differential equation'. It is well-known (Øksendal,  
1279 1998) that a stochastic process whose probability density function satisfies a Fokker-Planck equa-  
1280 tion of the form (S6) is equivalent to an  $m$ -dimensional stochastic process obtained as the solution  
1281 to the Itô SDE

$$1282 \quad d\mathbf{X}_t = \mathbf{A}^-(\mathbf{X}_t) dt + \frac{1}{\sqrt{K}} \mathbf{D}(\mathbf{X}_t) d\mathbf{W}_t \quad (S7)$$

1283 Here,  $\mathbf{A}^-(\mathbf{X}_t)$  is an  $m$ -dimensional vector with  $i^{\text{th}}$  element  $= A_i^-(\mathbf{X}_t)$ .  $\mathbf{D}(\mathbf{X}_t)$  is an  $m \times m$  matrix  
1284 with  $ij^{\text{th}}$  element  $(\mathbf{D}(\mathbf{X}_t))_{ij} = \delta_{ij} (A_i^+ A_j^+)^{\frac{1}{4}}$ , where  $\delta_{ij}$  is the Kronecker delta symbol, defined by

$$1285 \quad \delta_{ij} = \begin{cases} 1 & i = j \\ 0 & i \neq j \end{cases}$$

1286 Finally,  $\mathbf{W}_t$  is the  $m$ -dimensional Wiener process (standard Brownian motion) and can be thought  
1287 of as a vector of independent one-dimensional Wiener processes.

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1288 For a more detailed discussion on such approximations, we refer the reader to Chapter 11  
 1289 of Ethier and Kurtz, 1986 for the mathematically rigorous theory and Chapter 10 of Van Kampen,  
 1290 1981 for a heuristic approach. Pedagogical treatments focused on eco-evolutionary population  
 1291 dynamics can be found in Black and McKane, 2012 and Czuppon and Traulsen, 2021.

## 1292 S2 Trait frequency dynamics using Itô's formula

1293 We first recall the version of the multi-dimensional Itô's formula that will be relevant to us.  
 1294 Consider an  $m$ -dimensional real Itô process  $\mathbf{X}_t$  given by the solution to

$$1295 \quad d\mathbf{X}_t = \boldsymbol{\mu}(\mathbf{X}_t)dt + \boldsymbol{\sigma}(\mathbf{X}_t)d\mathbf{W}_t$$

1296 where  $\boldsymbol{\mu} : \mathbb{R}^m \rightarrow \mathbb{R}^m$  is the 'drift vector' and  $\boldsymbol{\sigma} : \mathbb{R}^m \rightarrow \mathbb{R}^{m \times m}$  is the 'diffusion matrix'. Let  
 1297  $f : \mathbb{R}^m \rightarrow \mathbb{R}$  be an arbitrary  $C^2(\mathbb{R}^m)$  function. Then, Itô's formula (Øksendal, 1998, Section 4.2)  
 1298 states that the stochastic process  $f(\mathbf{X}_t)$  must satisfy:

$$1299 \quad df(\mathbf{X}_t) = \left[ (\nabla_{\mathbf{x}}f)^T \boldsymbol{\mu} + \frac{1}{2} \text{Tr}[\boldsymbol{\sigma}^T (H_{\mathbf{x}}f) \boldsymbol{\sigma}] \right] dt + (\nabla_{\mathbf{x}}f)^T \boldsymbol{\sigma} d\mathbf{W}_t \quad (\text{S8})$$

1300 where  $\text{Tr}[\cdot]$  denotes the trace of a matrix,  $(\cdot)^T$  denotes the transpose, and we have suppressed the  
 1301  $\mathbf{X}_t$  dependence of  $\boldsymbol{\mu}$  and  $\boldsymbol{\sigma}$  to reduce clutter. Here,  $\nabla_{\mathbf{x}}f$  is the  $m$ -dimensional *gradient vector* of  $f$   
 1302 with respect to  $\mathbf{x}$  and  $H_{\mathbf{x}}f$  is the  $m \times m$  *Hessian matrix* of  $f$  with respect to  $\mathbf{x}$ , respectively defined  
 1303 for  $f([x_1, \dots, x_m]^T)$  as:

$$1304 \quad (\nabla_{\mathbf{x}}f)_j = \frac{\partial f}{\partial x_j}$$

$$1305 \quad (H_{\mathbf{x}}f)_{jk} = \frac{\partial^2 f}{\partial x_j \partial x_k}$$

1306 In our case, we have the Itô process given by (S7), which defines how the density of each type of  
 1307 individual changes over time. We thus have  $\boldsymbol{\mu}(\mathbf{X}_t) = \mathbf{A}^-(\mathbf{X}_t)$  and  $\boldsymbol{\sigma}(\mathbf{X}_t) = \mathbf{D}(\mathbf{X}_t)/\sqrt{K}$ . For each  
 1308 fixed  $i \in \{1, 2, \dots, m\}$ , let us define a scalar function  $f_i : \mathbb{R}^m \rightarrow \mathbb{R}$  as

$$1309 \quad f_i(\mathbf{x}) = \frac{x_i}{\sum_{j=1}^m x_j}$$

1310 Thus,  $f_i(\mathbf{X}_t)$  gives us the frequency of type  $i$  individuals when the population is described by the  
 1311 vector  $\mathbf{X}_t$ . This function is obviously  $C^2(\mathbb{R}^m)$ , and we can thus use Itô's formula (S8) to describe  
 1312 how it changes over time. The  $j^{\text{th}}$  element of the gradient of  $f_i$  is given by:

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$$\begin{aligned}
 1313 \quad (\nabla_{\mathbf{x}} f_i)_j &= \frac{\partial}{\partial x_j} \left( \frac{x_i}{\sum_{k=1}^m x_k} \right) \\
 1314 \quad &= \left( \left( \frac{1}{\sum_{r=1}^m x_r} \right) \frac{\partial x_i}{\partial x_j} - \left( \frac{x_i}{\left( \sum_{r=1}^m x_r \right)^2} \right) \sum_{k=1}^m \frac{\partial x_k}{\partial x_j} \right) \quad (S9)
 \end{aligned}$$

1315 where we have defined the frequency of the  $i^{\text{th}}$  type  $p_i = f_i(\mathbf{x})$ . To proceed further, we require  
 1316 the quantity  $\frac{\partial x_j}{\partial x_k}$  for any pair of types  $j, k \in \{1, 2, 3, \dots, m-1, m\}$ . Since changes in densities  
 1317 in our system are only being determined by ecological interactions at the individual level, with  
 1318 changes in total population size being an emergent quantity, we can assume that our system  
 1319 obeys  $\frac{\partial x_j}{\partial x_k} = \delta_{jk} \forall j, k \in \{1, 2, 3, \dots, m-1, m\}$ . Note that this is *not* true if the total population size  
 1320 is held constant since changes in densities of one type must be accompanied by complementary  
 1321 changes in densities of at least one other type to keep the total density  $\sum_i x_i$  strictly constant.

1322 We can now substitute  $\frac{\partial x_j}{\partial x_k} = \delta_{jk}$  into equation (S9). Upon doing this, we obtain

$$1323 \quad (\nabla_{\mathbf{x}} f_i)_j = \frac{1}{\sum_{r=1}^m x_r} (\delta_{ij} - p_i) \quad (S10)$$

1324 Similarly, we can also calculate elements of the Hessian matrix. The  $jk^{\text{th}}$  element of the Hessian  
 1325 is given by:

$$\begin{aligned}
 1326 \quad (H_{\mathbf{x}} f_i)_{jk} &= \frac{\partial^2}{\partial x_j \partial x_k} \left( \frac{x_i}{\sum_{l=1}^m x_l} \right) \\
 1327 \quad &= \frac{\partial}{\partial x_j} \left( \frac{\delta_{ik}}{\sum_{r=1}^m x_r} - \frac{x_i}{\left( \sum_{r=1}^m x_r \right)^2} \right) \\
 1328 \quad &= \frac{1}{\left( \sum_{r=1}^m x_r \right)^2} (2p_i - \delta_{ij} - \delta_{ik}) \quad (S11)
 \end{aligned}$$

1329 Thus, for the first term of (S8), we have:



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$$\begin{aligned}
 1330 \quad (\nabla_{\mathbf{x}} f_i)^\top \mathbf{A}^- &= \sum_{j=1}^m \left( (\nabla_{\mathbf{x}} f_i)_j \right) A_j^- \\
 1331 &= \frac{1}{\sum_{r=1}^m x_r} \sum_{j=1}^m (\delta_{ij} - p_i) A_j^- \\
 1332 &= \frac{1}{\sum_{r=1}^m x_r} \left( A_i^- - p_i \sum_{j=1}^m A_j^- \right) \tag{S12}
 \end{aligned}$$

1333 This term describes the effects of selection and influx (mutation/migration) at the infinite pop-  
 1334 ulation limit. However, the finiteness of the population adds a second directional term to these  
 1335 dynamics, described by the second term that multiplies  $dt$  in (S8). To calculate it, we first calcu-  
 1336 late:

$$\begin{aligned}
 1337 \quad \frac{1}{\sqrt{K}} (H_{\mathbf{x}} f_i \mathbf{D})_{jk} &= \frac{1}{\sqrt{K}} \sum_{l=1}^m (H_{\mathbf{x}} f_i)_{jl} (\mathbf{D})_{lk} \\
 1338 &= \frac{1}{\sqrt{K} \left( \sum_{r=1}^m x_r \right)^2} \sum_{l=1}^m (2p_i - \delta_{ij} - \delta_{il}) \delta_{lk} (A_l^+ A_k^+)^{\frac{1}{4}} \tag{S13}
 \end{aligned}$$

$$\begin{aligned}
 1339 &= \frac{1}{\sqrt{K} \left( \sum_{r=1}^m x_r \right)^2} \left( (2p_i - \delta_{ij}) (A_k^+)^{\frac{1}{2}} - \delta_{ik} (A_i^+ A_k^+)^{\frac{1}{4}} \right) \tag{S14}
 \end{aligned}$$

$$\begin{aligned}
 1340 &= \frac{1}{\sqrt{K} \left( \sum_{r=1}^m x_r \right)^2} (2p_i - \delta_{ij} - \delta_{ik}) (A_k^+)^{\frac{1}{2}} \tag{S15}
 \end{aligned}$$

1341 and thus:

$$\begin{aligned}
 1342 \quad \frac{1}{K} \left( \mathbf{D}^\top H_{\mathbf{x}} f_i \mathbf{D} \right)_{lk} &= \frac{1}{K} \sum_{j=1}^m \left( \mathbf{D}^\top \right)_{lj} (H_{\mathbf{x}} f_i \mathbf{D})_{jk} \\
 1343 &= \frac{1}{K \left( \sum_{r=1}^m x_r \right)^2} \sum_{j=1}^m \delta_{lj} \left( A_l^+ A_j^+ \right)^{\frac{1}{4}} (A_k^+)^{\frac{1}{2}} (2p_i - \delta_{ij} - \delta_{ik}) \tag{S16}
 \end{aligned}$$

$$\begin{aligned}
 1344 &= \frac{1}{K \left( \sum_{r=1}^m x_r \right)^2} (A_k^+)^{\frac{1}{2}} \left( 2p_i (A_l^+)^{\frac{1}{2}} - (A_i^+)^{\frac{1}{2}} \delta_{il} - (A_l^+)^{\frac{1}{2}} \delta_{ik} \right) \tag{S17}
 \end{aligned}$$

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1345 Using this, we see that the trace of this matrix is given by:

$$1346 \quad \frac{1}{K} \text{Tr}[\mathbf{D}^T H_x f_i \mathbf{D}] = \frac{1}{K} \sum_{k=1}^m \left( \mathbf{D}^T H_x f_i \mathbf{D} \right)_{kk}$$

$$1347 \quad = \frac{1}{K \left( \sum_{r=1}^m x_r \right)^2} \sum_{k=1}^m \left( 2p_i (A_k^+ A_k^+)^{\frac{1}{2}} - (A_i^+ A_k^+)^{\frac{1}{2}} \delta_{ik} - (A_k^+ A_k^+)^{\frac{1}{2}} \delta_{ik} \right) \quad (\text{S18})$$

$$1348 \quad = \frac{1}{K \left( \sum_{r=1}^m x_r \right)^2} \left( 2p_i \left( \sum_{k=1}^m A_k^+ \right) - 2A_i^+ \right) \quad (\text{S19})$$

1349 and thus, the second term multiplying  $dt$  in (S8) is given by:

$$1350 \quad \frac{1}{2K} \text{Tr}[\mathbf{D}^T H_x f_i \mathbf{D}] = \frac{-1}{K \left( \sum_{r=1}^m x_r \right)^2} \left( A_i^+ - p_i \left( \sum_{k=1}^m A_k^+ \right) \right) \quad (\text{S20})$$

1351 Finally, denoting  $d\mathbf{W}_t = [dW_t^{(1)}, dW_t^{(2)}, \dots, dW_t^{(m)}]^T$  where each  $W_t^{(j)}$  is an independent one di-  
1352 mensional Wiener process, we have:

$$1353 \quad (\mathbf{D}d\mathbf{W}_t)_j = \sum_{k=1}^m \mathbf{D}_{jk} dW_t^{(k)}$$

$$1354 \quad = \sum_{k=1}^m \delta_{jk} \left( A_j^+ A_k^+ \right)^{\frac{1}{4}} dW_t^{(k)} \quad (\text{S21})$$

$$1355 \quad = \left( A_j^+ \right)^{1/2} dW_t^{(j)} \quad (\text{S22})$$

1356 Thus, using (S10), we see that the last term on the RHS of (S8) is given by:

$$1357 \quad \frac{1}{\sqrt{K}} (\nabla_x f)^T \mathbf{D}d\mathbf{W}_t = \frac{1}{\sqrt{K}} \sum_{j=1}^m (\nabla_x f)_j (\mathbf{D}d\mathbf{W}_t)_j$$

$$1358 \quad = \frac{1}{\left( \sum_{r=1}^m x_r \right) \sqrt{K}} \sum_{j=1}^m (\delta_{ij} - p_i) \left( A_j^+ \right)^{1/2} dW_t^{(j)} \quad (\text{S23})$$

$$1359 \quad = \frac{1}{\left( \sum_{r=1}^m x_r \right) \sqrt{K}} \left( A_i^+ \right)^{1/2} dW_t^{(i)} - p_i \sum_{j=1}^m \left( A_j^+ \right)^{1/2} dW_t^{(j)} \quad (\text{S24})$$

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1360 Putting equations (S12), (S20) and (S24) into (S8) and letting  $N_K(t) = \sum_{r=1}^m x_r$  we see that  $p_i =$   
 1361  $f_i(\mathbf{X})_t$ , the frequency of the  $i^{\text{th}}$  type in the population  $\mathbf{X}_t$ , changes according to the equation:

$$\begin{aligned}
 dp_i = & \underbrace{\frac{1}{N_K(t)} \left( A_i^- - p_i \sum_{j=1}^m A_j^- \right) dt}_{K \rightarrow \infty \text{ prediction}} - \underbrace{\frac{1}{K} \frac{1}{N_K^2(t)} \left( A_i^+ - p_i \left( \sum_{k=1}^m A_k^+ \right) \right) dt}_{\text{Directional finite size effects due to differential turnover rates}} \\
 & + \underbrace{\frac{1}{\sqrt{K}N_K(t)} \left[ (A_i^+)^{1/2} dW_t^{(i)} - p_i \sum_{j=1}^m (A_j^+)^{1/2} dW_t^{(j)} \right]}_{\text{Non-directional finite size effects due to stochastic fluctuations}}
 \end{aligned} \tag{S25}$$

1363 Plugging the functional forms of (2) and the definitions of  $w_i$  and  $\tau_i$  into the definitions of  $A_i^-$   
 1364 and  $A_i^+$ , we obtain the relations

$$\begin{aligned}
 A_i^- &= x_i w_i(\mathbf{x}) + \lambda Q_i(\mathbf{x}) \\
 A_i^+ &= x_i \tau_i(\mathbf{x}) + \lambda Q_i(\mathbf{x})
 \end{aligned} \tag{S26}$$

1366 Thus, for the first term of (S25), we have

$$\begin{aligned}
 \frac{1}{N_K(t)} \left( A_i^- - p_i \sum_{j=1}^m A_j^- \right) &= \frac{1}{N_K(t)} [w_i(\mathbf{x})x_i + \lambda Q_i(\mathbf{x})] - \frac{p_i}{N_K(t)} \sum_{j=1}^m [w_j(\mathbf{x})x_j + \lambda Q_j(\mathbf{x})] \\
 &= w_i(\mathbf{x})p_i + \frac{\lambda}{N_K(t)} Q_i(\mathbf{x}) - p_i \sum_{j=1}^m \left[ w_j(\mathbf{x})p_j + \frac{\lambda}{N_K(t)} Q_j(\mathbf{x}) \right]
 \end{aligned}$$

1369 where we have used the definition of  $p_i$  from (5). Now using the definition of mean fitness from  
 1370 (6) and rearranging terms gives us

$$\frac{1}{N_K(t)} \left( A_i^- - p_i \sum_{j=1}^m A_j^- \right) = (w_i(\mathbf{x}) - \bar{w})p_i + \lambda \left[ Q_i(\mathbf{p}) - p_i \left( \sum_{j=1}^m Q_j(\mathbf{p}) \right) \right] \tag{S27}$$

1372 where we have defined  $Q_j(\mathbf{p}) = Q_j(\mathbf{x})/N_K(t)$ . Repeating the exact same calculations for the  $A_i^+$   
 1373 terms in the second term of (S25) now yields equation

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$$\begin{aligned}
 dp_i(t) = & \underbrace{\left[ (w_i(\mathbf{x}) - \bar{w})p_i + \lambda \left\{ Q_i(\mathbf{p}) - p_i \left( \sum_{j=1}^m Q_j(\mathbf{p}) \right) \right\} \right]}_{\text{Infinite population predictions: selection-mutation balance for higher fitness}} dt \\
 & - \frac{1}{K} \frac{1}{N_K(t)} \underbrace{\left[ (\tau_i(\mathbf{x}) - \bar{\tau})p_i + \lambda \left\{ Q_i(\mathbf{p}) - p_i \left( \sum_{j=1}^m Q_j(\mathbf{p}) \right) \right\} \right]}_{\text{Directional noise-induced effects: selection-mutation balance for lower turnover rates}} dt \\
 & + \frac{1}{\sqrt{KN_K(t)}} \underbrace{\left[ \sqrt{A_i^+(\mathbf{x})} dW_t^{(i)} - p_i \sum_{j=1}^m \sqrt{A_j^+(\mathbf{x})} dW_t^{(j)} \right]}_{\text{Non-directional noise-induced effects due to stochastic fluctuations}}
 \end{aligned} \tag{S28}$$

1375 which is the first key result (10) presented in the main text (with  $\lambda = 0$ ).

### 1376 S3 A stochastic analog of the Price equation for finite, fluctuating 1377 populations

1378 In this section, we will derive an SDE for the rate of change of the population mean value of any  
1379 type-level quantity in finite, fluctuating populations. Let  $f$  be any type-level quantity, with value  
1380  $f_i(t)$  for the  $i^{\text{th}}$  type. Using the product rule of calculus on the definition (6) of the statistical  
1381 mean tells us that we have the relation

$$\frac{d\bar{f}}{dt} = \frac{d}{dt} \left( \sum_{i=1}^m f_i p_i \right) = \sum_{i=1}^m \left( f_i \frac{\partial p_i}{\partial t} + p_i \frac{\partial f_i}{\partial t} \right) = \sum_{i=1}^m f_i \frac{\partial p_i}{\partial t} + \overline{\left( \frac{\partial f}{\partial t} \right)} \tag{S29}$$

1383 *i.e.*

$$d\bar{f} = \sum_{i=1}^m f_i dp_i + \overline{\left( \frac{\partial f}{\partial t} \right)} dt \tag{S30}$$

1385 We will further simplify the first term on the RHS of (S30). We do this by using (10), which gives  
1386 us a representation of  $dp_i$ . Using the RHS of (10), we can conclude that we must have

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$$\begin{aligned}
 \sum_{i=1}^m f_i dp_i &= \left( \sum_{i=1}^m f_i w_i(\mathbf{x}) p_i - \bar{w} \sum_{i=1}^m f_i p_i + \lambda \left[ \sum_{i=1}^m Q_i(\mathbf{p}) f_i - \left( \sum_{j=1}^m Q_j(\mathbf{p}) \sum_{i=1}^m p_i f_i \right) \right] \right) dt \\
 &- \frac{1}{KN_K} \left( \sum_{i=1}^m f_i \tau_i(\mathbf{x}) p_i - \bar{\tau} \sum_{i=1}^m f_i p_i + \lambda \left[ \sum_{i=1}^m Q_i(\mathbf{p}) f_i - \left( \sum_{j=1}^m Q_j(\mathbf{p}) \sum_{i=1}^m p_i f_i \right) \right] \right) dt \quad (S31) \\
 &\frac{1}{\sqrt{KN_K}} \left( \left[ \sum_{i=1}^m f_i \sqrt{A_i^+(\mathbf{x})} dW_t^{(i)} - \sum_{i=1}^m f_i p_i \sum_{j=1}^m \sqrt{A_j^+(\mathbf{x})} dW_t^{(j)} \right] \right)
 \end{aligned}$$

1388 now using the definition of the statistical mean from (6) in equation (S31), we obtain

$$\begin{aligned}
 \sum_{i=1}^m f_i dp_i &= \left( \bar{f} \bar{w} - \bar{w} \bar{f} + \lambda \left[ \sum_{i=1}^m Q_i(\mathbf{p}) f_i - \left( \sum_{j=1}^m Q_j(\mathbf{p}) \bar{f} \right) \right] \right) dt \\
 &- \frac{1}{KN_K} \left( \bar{f} \bar{\tau} - \bar{\tau} \bar{f} + \lambda \left[ \sum_{i=1}^m Q_i(\mathbf{p}) f_i - \left( \sum_{j=1}^m Q_j(\mathbf{p}) \bar{f} \right) \right] \right) dt \quad (S32) \\
 &\frac{1}{\sqrt{KN_K}} \left( \left[ \sum_{i=1}^m f_i \sqrt{A_i^+(\mathbf{x})} dW_t^{(i)} - \sum_{j=1}^m \bar{f} \sqrt{A_j^+(\mathbf{x})} dW_t^{(j)} \right] \right)
 \end{aligned}$$

1390 By the definition of the statistical covariance (7), we now obtain

$$\begin{aligned}
 \sum_{i=1}^m f_i dp_i &= \text{Cov}(w, f) dt + \lambda \left[ \sum_{i=1}^m Q_i(\mathbf{p}) f_i - \bar{f} \left( \sum_{j=1}^m Q_j(\mathbf{p}) \right) \right] dt \\
 &- \frac{1}{KN_K} \left( \text{Cov}(w, f) dt + \lambda \left[ \sum_{i=1}^m Q_i(\mathbf{p}) f_i - \bar{f} \left( \sum_{j=1}^m Q_j(\mathbf{p}) \right) \right] dt \right) \quad (S33) \\
 &\frac{1}{\sqrt{KN_K}} \left( \sum_{i=1}^m (f_i - \bar{f}) \sqrt{A_i^+(\mathbf{x})} dW_t^{(i)} \right)
 \end{aligned}$$

1392 Collecting all terms that capture effects related to mutations/migrations (*i.e.* all terms with a  $\lambda$   
1393 factor) via defining the term

$$M_{\bar{f}}(\mathbf{p}, N_K) := \lambda \left( 1 - \frac{1}{KN_K(t)} \right) \left( \sum_{i=1}^m f_i Q_i(\mathbf{p}) - \bar{f} \sum_{i=1}^m Q_i(\mathbf{p}) \right) \quad (S34)$$

1395 and collecting all stochastic integral terms via defining the term

$$dW_{\bar{f}} := \sum_{i=1}^m (f_i - \bar{f}) \sqrt{A_i^+(\mathbf{x})} dW_t^{(i)} \quad (S35)$$

1397 and substituting into equation (S33) now yields

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$$1398 \quad \sum_{i=1}^m f_i dp_i = \text{Cov}(w, f)dt - \frac{1}{KN_K(t)} \text{Cov}(\tau, f)dt + M_{\bar{f}}(\mathbf{p}, N_K)dt + \frac{1}{\sqrt{KN_K(t)}} dW_{\bar{f}} \quad (\text{S36})$$

1399 This is the simplified version of the first term on the RHS of equation (S30). Upon substitution,  
1400 (S30) becomes

$$1401 \quad d\bar{f} = \text{Cov}(w, f)dt - \frac{1}{KN_K(t)} \text{Cov}(\tau, f)dt + M_{\bar{f}}(\mathbf{p}, N_K)dt + \frac{1}{\sqrt{KN_K(t)}} dW_{\bar{f}} + \left( \frac{\partial f}{\partial t} \right) dt \quad (\text{S37})$$

1402 which is precisely equation (26) in the main text once we set  $\lambda = 0$  (i.e.  $M_{\bar{f}} = 0$ ).

#### 1403 **S4 A Price-like equation for the variance of a type-level quantity**

1404 In this section, we will derive an SDE for the rate of change of the variance of any type-level  
1405 quantity in finite, fluctuating populations. From the definition (7), we see that the variance of  
1406 any type level quantity  $f$  is given by:

$$1407 \quad \sigma_f^2 := \text{Cov}(f, f) = \overline{(f^2)} - (\bar{f})^2 \quad (\text{S38})$$

1408 By the product rule, we have

$$1409 \quad \frac{d\sigma_f^2}{dt} = 2f \frac{\partial \bar{f}}{\partial t} + \sum_{i=1}^m f_i^2 \frac{dp_i}{dt} - \frac{d}{dt} (\bar{f}^2) \quad (\text{S39})$$

1410 We will evaluate the RHS term by term. The first term is as simplified as can be without more  
1411 information about  $f$ . For the second term, we can substitute  $dp_i$  from (10) and then use the exact  
1412 same steps we carried out in supplementary section S3 to derive equation (26). Upon doing this,  
1413 we obtain

$$1414 \quad \begin{aligned} \sum_{i=1}^m f_i^2 dp_i &= \text{Cov}(w, f^2)dt - \frac{1}{KN_K} \text{Cov}(\tau, f^2)dt \\ &+ \lambda \left( 1 - \frac{1}{KN_K(t)} \right) \left( \sum_{i=1}^m f_i^2 Q_i(\mathbf{p}) - \bar{f}^2 \sum_{i=1}^m Q_i(\mathbf{p}) \right) dt \\ &+ \frac{1}{\sqrt{KN_K(t)}} \left( \sum_{i=1}^m (f_i^2 - \bar{f}^2) \sqrt{A_i^+} dW_t^{(i)} \right) \end{aligned} \quad (\text{S40})$$

1415 For the third term, we require Itô's formula. Here, the relevant version of Itô's formula is the one-  
1416 dimensional version of (S8). Given a one-dimensional process  $dX_t = S(X_t)dt + \sum_j D_j(X_t)dW_t^{(j)}$   
1417 with  $S, D_j$  being suitable real functions and each  $W_t^{(j)}$  being an independent Wiener process, Itô's

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1418 formula says that given any  $C^2(\mathbb{R})$  function  $g(x)$ , we have the relation:

$$1419 \quad dg(X_t) = \left( S(X_t)g'(X_t) + \frac{g''(X_t)}{2} \sum_j D_j^2(X_t) \right) dt + \sum_j D_j(X_t)g'(X_t)dW_t^{(j)} \quad (\text{S41})$$

1420 In our case, we have a one-dimensional process for the mean value  $\bar{f}$  of the type level quantity,  
1421 and the  $C^2(\mathbb{R})$  function  $g(x) = x^2$ . Itô's formula thus says that the third term of (S39) is given  
1422 by:

$$1423 \quad d(\bar{f}^2) = \left( 2\bar{f}S(X_t) + \sum_j D_j^2(X_t) \right) dt + \sum_j 2\bar{f}D_j(X_t)dW_t^{(j)} \quad (\text{S42})$$

1424 where the relevant functions  $S$  and  $D_j$  can be read off from (26). Since the  $dW_t^{(j)}$  terms are  
1425 unwieldy, we will denote the contribution of all the  $dW_t^{(j)}$  terms collectively by  $dW_{\sigma_f^2}$  to reduce  
1426 notational clutter and only explicitly calculate these terms at the end. We also note that the  
1427 covariance operator is a bilinear form, *i.e.* given any three quantities  $X, Y$  and  $Z$  and any constant  
1428  $a \neq 0$ , we have the relations:

$$1429 \quad \text{Cov}(aX, Y) = a\text{Cov}(X, Y) = \text{Cov}(X, aY)$$

$$1430 \quad \text{Cov}(X, Y + Z) = \text{Cov}(X, Y) + \text{Cov}(X, Z)$$

1431 Substituting equations (S40) and (S42) into equation (S39) and using this property of covariances,  
1432 we obtain:

$$1433 \quad \begin{aligned} d\sigma_f^2 = & \text{Cov}(w, f^2 - 2\bar{f}f)dt - \frac{1}{KN_K} \left( \text{Cov}(\tau, f^2 - 2\bar{f}f) \right) dt + 2 \left( \overline{f \frac{\partial f}{\partial t}} - \bar{f} \overline{\left( \frac{\partial f}{\partial t} \right)} \right) dt \\ & + \lambda \left( 1 - \frac{1}{KN_K(t)} \right) \left( \sum_{i=1}^m (f_i^2 - 2\bar{f}f_i)Q_i(\mathbf{p}) - (\bar{f}^2 - 2\bar{f}^2) \sum_{i=1}^m Q_i(\mathbf{p}) \right) dt \\ & - \frac{1}{KN_K^2(t)} \left( \sum_{i=1}^m (f_i - \bar{f})^2 A_i^+ \right) dt \\ & + dW_{\sigma_f^2} \end{aligned} \quad (\text{S43})$$

1434 Now, we note that

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$$1435 \quad \frac{1}{N_K} A_i^+ = \frac{1}{N_K} (\tau_i x_i + \lambda Q_i(\mathbf{x})) \quad (\text{S44})$$

$$1436 \quad = \tau_i p_i + \lambda Q_i(\mathbf{p}) \quad (\text{S45})$$

1437 and thus the third line of (S43) is

$$1438 \quad \frac{1}{KN_K^2(t)} \left( \sum_{i=1}^m (f_i - \bar{f})^2 A_i^+ \right) dt = \frac{1}{KN_K} \sum_{i=1}^m (f_i - \bar{f})^2 (\tau_i p_i + \lambda Q_i(\mathbf{p})) \quad (\text{S46})$$

$$1439 \quad = \frac{1}{KN_K} \sum_{i=1}^m (f_i - \bar{f})^2 (\tau_i p_i + \lambda Q_i(\mathbf{p})) \quad (\text{S47})$$

$$1440 \quad = \frac{1}{KN_K} \left( \overline{\tau (f - \bar{f})^2} + \lambda \sum_{i=1}^m (f_i - \bar{f})^2 Q_i(\mathbf{p}) \right) \quad (\text{S48})$$

$$1441 \quad = \frac{1}{KN_K} \left( \text{Cov}(\tau, (f - \bar{f})^2) + \overline{\tau (f - \bar{f})^2} + \lambda \sum_{i=1}^m (f_i - \bar{f})^2 Q_i(\mathbf{p}) \right) \quad (\text{S49})$$

$$1442 \quad = \frac{1}{KN_K} \left( \text{Cov}(\tau, (f - \bar{f})^2) + \overline{\tau \sigma_f^2} + \lambda \sum_{i=1}^m (f_i - \bar{f})^2 Q_i(\mathbf{p}) \right) \quad (\text{S50})$$

1443 where we have used the definition of statistical covariance in the second to last line and used the  
 1444 definition of statistical variance in the last line. Substituting (S50) into (S43) and using  $M_{\sigma_f^2}(\mathbf{p}, N_K)$   
 1445 to denote the contributions of all the mutational terms (*i.e.* all terms with a  $\lambda$  factor) for notational  
 1446 brevity, we obtain

$$1447 \quad d\sigma_f^2 = \text{Cov}(w, f^2 - 2\bar{f}f)dt - \frac{1}{KN_K} \left( \text{Cov}(\tau, f^2 - 2\bar{f}f) + \text{Cov}(\tau, (f - \bar{f})^2) + \overline{\tau \sigma_f^2} \right) dt \quad (\text{S51})$$

$$+ 2\text{Cov} \left( \frac{\partial f}{\partial t}, f \right) dt + M_{\sigma_f^2}(\mathbf{p}, N_K)dt + dW_{\sigma_f^2}$$

1448 We can now complete the square inside the covariance terms of the first line of the RHS by  
 1449 writing  $f^2 - 2\bar{f}f = (f - \bar{f})^2 - \bar{f}^2$  to obtain



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$$\begin{aligned}
 d\sigma_f^2 &= \left[ \text{Cov} \left( w, (f - \bar{f})^2 \right) - \text{Cov} \left( w, (\bar{f})^2 \right) \right] dt \\
 1450 \quad &- \frac{1}{KN_K} \left[ \text{Cov} \left( \tau, (f - \bar{f})^2 \right) - \text{Cov} \left( \tau, (\bar{f})^2 \right) + \text{Cov}(\tau, (f - \bar{f})^2) + \bar{\tau}\sigma_f^2 \right] dt \quad (\text{S52}) \\
 &+ 2\text{Cov} \left( \frac{\partial f}{\partial t}, f \right) dt + M_{\sigma_f^2}(\mathbf{p}, N_K)dt + dW_{\sigma_f^2}
 \end{aligned}$$

1451 To simplify the covariance terms of the first line of the RHS, we observe that

$$\begin{aligned}
 1452 \quad \text{Cov} \left( w, (\bar{f})^2 \right) &= \overline{w(\bar{f})^2} - \bar{w} \overline{(\bar{f})^2} \\
 1453 \quad &= (\bar{f})^2 \sum_{i=1}^m w_i p_i - \bar{w} (\bar{f})^2 \sum_{i=1}^m p_i \\
 1454 \quad &= (\bar{f})^2 \bar{w} - \bar{w} (\bar{f})^2 = 0
 \end{aligned}$$

1455 and similarly,

$$1456 \quad \text{Cov} \left( \tau, (\bar{f})^2 \right) = 0$$

1457 and thus, using this in (S52), we see that the rate of change of the variance of any type-level  
1458 quantity  $f$  in the population satisfies:

$$\begin{aligned}
 d\sigma_f^2 &= \text{Cov} \left( w, (f - \bar{f})^2 \right) dt - \frac{1}{KN_K} \left[ \bar{\tau}\sigma_f^2 + 2\text{Cov} \left( \tau, (f - \bar{f})^2 \right) \right] dt \\
 1459 \quad &+ 2\text{Cov} \left( \frac{\partial f}{\partial t}, f \right) dt + M_{\sigma_f^2}(\mathbf{p}, N_K)dt + dW_{\sigma_f^2} \quad (\text{S53})
 \end{aligned}$$

1460 This is precisely equation (31) in the main text. To calculate the mutation term, we substitute  
1461 (S50) into (S43) to find

$$\begin{aligned}
 1462 \quad M_{\sigma_f^2}(\mathbf{p}, N_K) &= \lambda \left( \sum_{i=1}^m (f_i^2 - 2\bar{f}f_i - \bar{f}^2 + 2\bar{f}^2) Q_i(\mathbf{p}) \right) \\
 &\quad - \frac{\lambda}{KN_K} \sum_{i=1}^m (f_i^2 - 2\bar{f}f_i - \bar{f}^2 + 2\bar{f}^2 + (f_i - \bar{f})^2) Q_i(\mathbf{p}) \quad (\text{S54})
 \end{aligned}$$

1463 We can further simplify the first term of the RHS as

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$$\begin{aligned}
 1464 \quad f_i^2 - 2\bar{f}f_i - \bar{f}^2 + 2\bar{f}^2 &= (f_i^2 + \bar{f}^2 - 2\bar{f}f_i) - (\bar{f}^2 - \bar{f}^2) \\
 1465 \quad &= (f_i - \bar{f})^2 - \sigma_f^2
 \end{aligned}$$

1466 and similarly, the second term as

$$1467 \quad f_i^2 - 2\bar{f}f_i - \bar{f}^2 + 2\bar{f}^2 + (f_i - \bar{f})^2 = 2(f_i - \bar{f})^2 - \sigma_f^2$$

1468 thus, the contributions of influx terms to the change in the variance of  $f$  are given by

$$\begin{aligned}
 1469 \quad M_{\sigma_f^2}(\mathbf{p}, N_K) &= \lambda \left( \sum_{i=1}^m \left( (f_i - \bar{f})^2 - \sigma_f^2 \right) Q_i(\mathbf{p}) \right) \\
 &\quad - \frac{\lambda}{KN_K} \sum_{i=1}^m \left( 2(f_i - \bar{f})^2 - \sigma_f^2 \right) Q_i(\mathbf{p})
 \end{aligned} \tag{S55}$$

1470 which after slight rearrangement becomes

$$1471 \quad M_{\sigma_f^2}(\mathbf{p}, N_K) = \lambda \left( \sum_{i=1}^m \left[ \left( 1 - \frac{2}{KN_K} \right) (f_i - \bar{f})^2 Q_i(\mathbf{p}) \right] - \sigma_f^2 \left( 1 - \frac{1}{KN_K} \right) \sum_{i=1}^m Q_i(\mathbf{p}) \right) \tag{S56}$$

1472 Finally, for the stochastic integral term, we can use equations (S40) and (S42) to calculate:

$$1473 \quad dW_{\sigma_f^2} = \frac{1}{\sqrt{KN_K(t)}} \left( \sum_{i=1}^m \left( f_i^2 - \bar{f}^2 - 2\bar{f}(f_i - \bar{f}) \right) \sqrt{A_i^+} dW_t^{(i)} \right) \tag{S57}$$

$$1474 \quad = \frac{1}{\sqrt{KN_K(t)}} \left( \sum_{i=1}^m \left( f_i^2 - \bar{f}^2 - 2\bar{f}f_i - 2\bar{f}^2 \right) \sqrt{A_i^+} dW_t^{(i)} \right) \tag{S58}$$

$$1475 \quad = \frac{1}{\sqrt{KN_K(t)}} \left( \sum_{i=1}^m \left( f_i - \bar{f} \right)^2 \sqrt{A_i^+} dW_t^{(i)} \right) \tag{S59}$$

1476 which is equation (32) in the main text upon setting  $\lambda = 0$  (*i.e.*  $M_{\sigma^2} = 0$ ).

## 1477 **S5 A more elegant representation of sums of stochastic integrals**

### 1478 **against independent Wiener processes**

1479 In the main text, we arrived at three stochastic differential equations (equations (10), (26), and  
 1480 (31)) that describe the change in the frequency of a type, the population mean value of a type-  
 1481 level quantity, and the population variance of a type-level quantity over time. All three of these

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1482 equations contained stochastic fluctuation terms which were of the form of a sum of stochastic  
 1483 integrals of several independent functions against independent Wiener processes. In this section,  
 1484 we will present a more elegant representation of these terms.

1485 Let us first recall that given  $m$  independent one-dimensional Wiener processes  $W_t^{(1)}, W_t^{(2)}, \dots, W_t^{(m)}$ ,  
 1486  $m$  'nice' real functions  $g_1(x), g_2(x), \dots, g_m(x)$ , and the stochastic process

$$1487 \quad dX_t = \sum_{i=1}^m g_i(X_t) dW_t^{(i)}$$

1488 We can always find a *single* one-dimensional Wiener process  $W_t$  such that

$$1489 \quad dX_t = \left( \sum_{i=1}^m g_i^2(X_t) \right)^{1/2} dW_t$$

1490 This result is well-known but we were unable to find a reference that explicitly proved it, and  
 1491 so we prove it as a lemma at the end of this supplementary section.

1492 Using this result, we can now calculate the stochastic integral terms of our equations. For  
 1493 equation (12), we can calculate

$$1494 \quad \sum_{i=1}^m (x_i \tau_i + \lambda Q_i(\mathbf{x})) dW_t^{(i)} = \left[ \sum_{i=1}^m x_i \tau_i + \lambda \sum_{i=1}^m Q_i(\mathbf{x}) \right]^{1/2} dW_t^{N_K} \quad (\text{S60})$$

$$1495 \quad = \left[ \bar{\tau} N_K(t) + \lambda \sum_{i=1}^m Q_i(\mathbf{x}) \right]^{1/2} dW_t^{N_K} \quad (\text{S61})$$

1496 where  $W_t^{N_K}$  is a one-dimensional Wiener process. For equation (S28), the stochastic analog of the  
 1497 replicator-mutator equation, we find that the noise term can be written as a stochastic integral  
 1498 against a single Wiener process  $W_t$  as

$$1499 \quad \frac{1}{\sqrt{KN_K(t)}} \left[ p_i(1-p_i)^2 \tau_i + p_i^2 \left( \sum_{j \neq i} \tau_j p_j \right) + \lambda \left\{ (1-p_i)^2 Q_i(\mathbf{p}) + p_i^2 \sum_{j \neq i} Q_j(\mathbf{p}) \right\} \right]^{1/2} dW_t \quad (\text{S62})$$

1500 For equation (S37), the stochastic analog of the Price equation, we have:

$$1501 \quad dW_{\bar{f}} = \sum_{i=1}^m (f_i - \bar{f}) \sqrt{A_i^+(\mathbf{x})} dW_t^{(i)} = \left( \sum_{i=1}^m (f_i - \bar{f})^2 A_i^+(\mathbf{x}) \right)^{1/2} dW_t \quad (\text{S63})$$

1502 where  $W_t$  is now a single one-dimensional Wiener process. This is precisely the term calculated  
 1503 in equation (S50) (barring the  $1/KN_K^2$  pre-factor), and thus the stochastic term for the mean value  
 1504 is given by:

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$$1505 \quad dW_{\bar{f}} = \sqrt{N_K(t) \left( \text{Cov}(\tau, (f - \bar{f})^2) + \bar{\tau}\sigma_f^2 + \lambda \sum_{i=1}^m (f_i - \bar{f})^2 Q_i(\mathbf{p}) \right)} dW_t \quad (\text{S64})$$

1506 Similarly, for the variance equation (S57), we can write

$$1507 \quad dW_{\sigma_f^2} = \sum_{i=1}^m (f_i - \bar{f})^2 \sqrt{A_i^+(\mathbf{x})} dW_t^{(i)} = \left( \sum_{i=1}^m (f_i - \bar{f})^4 A_i^+(\mathbf{x}) \right)^{1/2} dW_t \quad (\text{S65})$$

1508 where  $W_t$  is now a single one-dimensional Wiener process. A calculation exactly analogous to  
1509 that done in obtaining (S50) reveals that this term can be written as

$$1510 \quad dW_{\sigma_f^2} = \sqrt{N_K(t) \left( \text{Cov}(\tau, (f - \bar{f})^4) + \bar{\tau}(\sigma_f^2)^2 + \lambda \sum_{i=1}^m (f_i - \bar{f})^4 Q_i(\mathbf{p}) \right)} dW_t \quad (\text{S66})$$

1511 *Proof of the representation of sums of stochastic integrals with respect to*  
1512 *independent Wiener processes*

1513 Here, we prove the mathematical result we used above. We stress once again that this is not  
1514 a new result — we provide the proof here because, while the proof is mathematically easy, we  
1515 were unable to find a suitable citation that explicitly writes down the proof.

1516 **Lemma.** Let  $m \in \mathbb{N}$ . Let  $W_t^{(1)}, W_t^{(2)}, \dots, W_t^{(m)}$  be  $m$  independent one-dimensional Wiener pro-  
1517 cesses. Let  $g_1(x), g_2(x), \dots, g_m(x)$  be  $m$  'nice' ( $L^2(\mathbb{R})$ , Lipschitz, etc.) real functions. Let

$$1518 \quad dX_t = \sum_{i=1}^m g_i(X_t) dW_t^{(i)}$$

1519 Then, we can always find a *single* one-dimensional Wiener process  $W_t$  (on the same probability  
1520 space) such that

$$1521 \quad dX_t = \left( \sum_{i=1}^m g_i^2(X_t) \right)^{1/2} dW_t$$

1522 *Proof.* It suffices to prove the  $m = 2$  case.

1523 Let  $dX_t = g_1(X_t) dW_t^{(1)} + g_2(X_t) dW_t^{(2)}$ . Let us consider the *two*-dimensional process  $\mathbf{W}_t = [W_t^{(1)}, W_t^{(2)}]^T$   
1524 on  $\mathbb{R}^2$ . Define a new function  $G : \mathbb{R} \rightarrow \mathbb{R}^2$  given by

$$1525 \quad G(x) = \frac{1}{\sqrt{g_1^2(x) + g_2^2(x)}} \begin{bmatrix} g_1(x) \\ g_2(x) \end{bmatrix} \quad (\text{S67})$$

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1526 Now, by definition, we have

$$1527 \int_0^t G(X_s) \cdot d\mathbf{W}_s = \int_0^t \frac{g_1(X_s)}{\sqrt{g_1^2(X_s) + g_2^2(X_s)}} dW_t^{(1)} + \int_0^t \frac{g_2(X_s)}{\sqrt{g_1^2(X_s) + g_2^2(X_s)}} dW_s^{(2)} \quad (\text{S68})$$

1528 Using the Itô isometry (Karatzas and Shreve, 1998, Chapter 2, Proposition 2.10), we can calculate  
1529 the quadratic variation of  $\int G \cdot d\mathbf{W}$  as

$$1530 \left\langle \int G(X_s) \cdot d\mathbf{W}_s \right\rangle_t = \int_0^t \|G(X_s)\|^2 d\langle \mathbf{W} \rangle_s$$

$$1531 = \int_0^t \frac{1}{g_1^2 + g_2^2} \cdot (g_1^2 + g_2^2) ds$$

$$1532 = \int_0^t ds = t \quad (\text{S69})$$

1533 Since  $\int G \cdot d\mathbf{W}$  is a stochastic integral, the process  $(t, \omega) \rightarrow \int_0^t G(X_s(\omega)) \cdot d\mathbf{W}_s(\omega) \in \mathcal{M}_2^c$  and is  
1534 thus a continuous martingale. But, by Lévy's characterization of Brownian motion (Karatzas and  
1535 Shreve, 1998, Chapter 3, Theorem 3.16), the only continuous martingale  $M_t$  that satisfies  $\langle M \rangle_t = t$   
1536 is the standard Brownian motion. Thus, from equation (S69), we are led to conclude that there is  
1537 a one-dimensional Wiener process  $W_t$  on the same probability space such that we can write

$$1538 G(X_t) \cdot d\mathbf{W}_t = dW_t \quad (\text{S70})$$

1539 We can now use equation (S68) on the LHS of equation (S70) to write

$$1540 \frac{g_1(X_t)}{\sqrt{g_1^2(X_t) + g_2^2(X_t)}} dW_t^{(1)} + \frac{g_2(X_t)}{\sqrt{g_1^2(X_t) + g_2^2(X_t)}} dW_t^{(2)} = dW_t \quad (\text{S71})$$

$$1541 \Rightarrow g_1 dW_t^{(1)} + g_2 dW_t^{(2)} = \sqrt{g_1^2(X_t) + g_2^2(X_t)} dW_t \quad (\text{S72})$$

1542 By definition of our original process  $X_t$ , we can now conclude that

$$1543 dX_t = \sqrt{g_1^2(X_t) + g_2^2(X_t)} dW_t \quad (\text{S73})$$

1544 thus completing the proof. □

## S6 Long-time behavior of the stochastic replicator equation for two species

To study the effects of demographic stochasticity on evolutionary dynamics more thoroughly, we use this section to examine the long-term behavior of the system defined by equation (13). Following McLeod and Day, 2019, we will do this using the speed density. Given any one-dimensional diffusion process  $dX_t = \mu(X_t)dt + \sigma(X_t)dW_t$  defined over an interval  $[a, b] \subseteq \mathbb{R}$ , the *speed density*  $m(x)$  of the process (Karlin and Taylor, 1981; Etheridge, 2011) is defined as the function

$$m(x) = \frac{1}{\sigma^2(x)} \exp \left( 2 \int^x \frac{\mu(y)}{\sigma^2(y)} dy \right) \quad (\text{S74})$$

where the lower limit of the integral being left unspecified is meant to denote an indefinite integral evaluated at the point  $x$  since the choice of the lower limit is arbitrary (Karlin and Taylor, 1981, Chapter 15, Equation 3.10). The speed density is important because it provides information about the long-term behavior of the stochastic process  $X_t$  (Karlin and Taylor, 1981, Chapter 15, Remark 3.2). In particular, if there exists a constant  $0 < \mathcal{N} < \infty$  such that  $\int_a^b m(x)dx = 1/\mathcal{N}$ , then the stochastic process obtained as the solution to  $dX_t = \mu(X_t)dt + \sigma(X_t)dW_t$  attains a unique stationary state  $X_\infty$  as  $t \rightarrow \infty$ , and this stationary state has a probability distribution given by (Karlin and Taylor, 1981, Chapter 15, Equation 5.34 along with Chapter 15, Equation 3.10; Czuppon and Traulsen, 2021)

$$\mathbb{P}(\{x_1 \leq X_\infty \leq x_2\}) = \mathcal{N} \int_{x_1}^{x_2} m(x)dx + C \quad (\text{S75})$$

That is to say, the probability density of the stationary state will be given by  $\mathcal{N}m(x)$ . Regardless of whether such an  $\mathcal{N}$  can be found, the speed density  $m(x)$  always tells us about the time the system spends in the vicinity of the point  $x$ . More precisely, if we provide an initial condition  $x_0 \in [a, b]$  for the stochastic process obtained as the solution to  $dX_t = \mu(X_t)dt + \sigma(X_t)dW_t$ , the expected time taken by this process to exit the interval  $(x_0 - \epsilon, x_0 + \epsilon)$  is proportional to  $m(x_0)$  as  $\epsilon \rightarrow 0$  (Karlin and Taylor, 1981, Chapter 15, Remark 3.2). In our case, we have a stochastic process for the change of type frequencies over time that takes values in  $[0, 1]$  and is given by the solution to equation (14). In the rest of this section, we work with equation (13a) and thus do not account for influx terms  $\lambda Q_i$ . For convenience, let us define

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1573 
$$E(p) = s(p, N_K) + \frac{1}{KN_K} \kappa(p, N_K) \quad (S76)$$

1574 
$$V(p) = \frac{1}{KN_K} (\tau_1(p, N_K) + p\kappa(p, N_K)) \quad (S77)$$

1575 where we have suppressed the  $N_K$  dependence of  $E$  and  $V$  to reduce clutter. In this notation,  
1576 equation (14) becomes

1577 
$$dp = p(1-p)E(p)dt + \sqrt{p(1-p)V(p)}dW_t \quad (S78)$$

1578 Comparing terms with (S74), we see that the speed density of our process is given by

1579 
$$m(p) = \frac{1}{p(1-p)V(p)} \exp\left(2 \int^p \frac{E(q)}{V(q)} dq\right) \quad (S79)$$

1580 For general functions  $E(p)$  and  $V(p)$ , it is very often impossible to analytically calculate or pre-  
1581 dict the behavior of the complete function defined by (S79). However, since we are primarily  
1582 interested in which trait frequencies  $p$  are likely, we can still make analytical progress by exam-  
1583 ining the derivative  $dm/dp$ . If  $dm/dp$  is a strictly increasing function of  $p$ , then higher values of  
1584 frequency  $p$  are always favored, and species 2 is expected to go extinct more often than species  
1585 1. Likewise, if  $dm/dp$  is a strictly decreasing function of  $p$ , lower frequencies of  $p$  are favored,  
1586 and species 1 is expected to go extinct. Lastly, points at which  $dm/dp = 0$  correspond to extrema  
1587 of the speed density and can thus be used to find the most likely and least likely values of trait  
1588 frequency in the system.

1589 We would therefore like to examine the behavior of  $dm/dp$  as a function of  $p$ . Differentiating  
1590 both sides of equation (S79) with respect to  $p$ , we find

1591 
$$\frac{dm}{dp} = m(p) \left[ \frac{2p-1}{p(1-p)} + 2 \frac{E(p)}{V(p)} - \frac{1}{V(p)} \frac{dV}{dp} \right] \quad (S80)$$

1592 which is Eq. 15 in the main text.

1593 After substituting the functional form of  $V(p)$  from equation (S77), this yields (after some  
1594 lines of algebra):

1595 
$$\frac{dm}{dp} = m(p) \left[ \frac{2p-1}{p(1-p)} + 2 \frac{E(p)}{V(p)} + \frac{1}{N_K} \frac{dN_K}{dp} - \frac{1}{V(p)} \left( \kappa(p, N_K) + (1-p) \frac{d\tau_1}{dp} + p \frac{d\tau_2}{dp} \right) \right] \quad (S81)$$

1596 Let us examine each term on the RHS of equation (S81). The first term on the RHS is  $(2p -$   
1597  $1)/p(1-p)$ . This expression is (anti)-symmetric about  $p = 0.5$  and always drives the system

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1598 towards the boundaries of  $[0, 1]$ . It is thus uninteresting for calculating the sign of  $dm/dp$ .

1599 Since  $V(p)$  must clearly be non-negative in order for equation (S78) to be well-defined, the  
1600 second term,  $E(p)/V(p)$ , always has the same sign as  $E(p)$ . Equation (S81) tells us that the speed  
1601 density (and thus the stationary distribution, when it exists) also depends on contributions from  
1602 the  $dW_t$  term of equation (S78). We have split this contribution into two separate terms, the third  
1603 and fourth terms on the RHS of equation (S81), each of which we will examine individually.

1604 The third term on the RHS of (S81) captures the effect of the frequency of species 1 on the  
1605 per-capita growth rate of the population as a whole. Thus, if species 1 is altruistic, mutualistic,  
1606 or commensal, then  $dN_K/dp$  will be positive, whereas if the species is spiteful, competitive, or  
1607 amensal,  $dN_K/dp$  will be negative. The sign of the third term on the RHS of (S81) thus depends  
1608 on the nature of the ecological interactions that species 1 is involved in — species that increase the  
1609 per-capita growth rate of the total population are favored, and those that decrease the per-capita  
1610 growth rate of the total population are disfavored.

1611 The fourth term on the RHS of equation (S81) captures the effects of noise-induced selection  
1612 acting on differential turnover rates. Since  $E(p)$  also has both a  $1/V(p)$  factor and a noise-  
1613 induced selection term, we are better off substituting the functional form of  $E(p)$  from (S76) into  
1614 equation (S81) and collecting all terms with a  $1/V(p)$  factor so as to collect all terms correspond-  
1615 ing to selection (both classical and noise-induced). Upon doing this, we obtain

$$\frac{dm}{dp} = m(p) \left[ \frac{2p-1}{p(1-p)} + \frac{1}{N_K} \frac{dN_K}{dp} + \frac{1}{V(p)} \left( 2KN_K s(p, N_K) + \kappa(p, N_K) - (1-p) \frac{d\tau_1}{dp} - p \frac{d\tau_2}{dp} \right) \right] \quad (\text{S82})$$

1616  
1617 The interpretations of the first two terms on the RHS of (S82) have already been explained above.  
1618 Since  $V(p)$  is always non-negative, we only need to look at the sign of the expression

$$2KN_K s(p, N_K) + \kappa(p, N_K) - (1-p) \frac{d\tau_1}{dp} - p \frac{d\tau_2}{dp} \quad (\text{S83})$$

1620 The first term of (S83) is the effect of classical selection and has the same sign as the selection  
1621 coefficient  $s(p, N_K)$ . Notice that since this term is  $\mathcal{O}(K)$  whereas all other terms in equation (S82)  
1622 are  $\mathcal{O}(1)$ , this term dominates the dynamics when  $K$  is large, again indicating that the effects  
1623 of natural selection dominate in large populations with non-zero selection coefficient. If instead  
1624  $Ks(p, N_K)$  is small, either through a small population size, weak selection (or no selection), or  
1625 both, the other terms of (S83) play a stronger role. The second term of (S83) is simply the noise-  
1626 induced selection coefficient  $\kappa(p)$ , and is thus positive whenever  $\tau_1 < \tau_2$ . This term thus causes  
1627 the probability density function to be biased towards the species with lower per-capita turnover  
1628 rates. The last two terms of (S83) capture the frequency-dependence of noise-induced selection.



## S7 The infinite population limit recovers standard equations of population biology

In this section, we show how our SDEs recover several classic equations of population biology in the infinite population size limit.

### *Replicator-mutator equation*

If we take  $K \rightarrow \infty$  in (10), we obtain an ODE that reads:

$$\frac{dp_i}{dt} = (w_i(\mathbf{x}) - \bar{w})p_i + \lambda \left[ Q_i(\mathbf{p}) - p_i \left( \sum_{j=1}^m Q_j(\mathbf{p}) \right) \right] \quad (\text{S84})$$

The first term of (S84) describes changes due to faithful (non-mutational) replication, and the second describes changes due to mutation. For this reason, equation (S84) is called the *replicator-mutator equation* in the evolutionary game theory literature, where the individual 'types' are interpreted to be pure strategies and the influx rate  $\lambda$  is a mutation rate, denoted by  $\mu$ . If in addition, each  $w_i(\mathbf{x})$  is linear in  $\mathbf{x}$ , meaning we can write  $w_i(\mathbf{x}) = \sum_j a_{ij}x_j$  for some set of constants  $a_{ij}$ , then we get the replicator-mutator equation for matrix games, and the constants  $a_{ij}$  form the 'payoff matrix'. As is well-known, the replicator equation (without mutation) for matrix games with  $m$  pure strategies is equivalent to the generalized Lotka-Volterra equations for a community with  $m - 1$  species (Hofbauer and Sigmund, 1998), providing the connection to community ecology. Equation (S84) is also equivalent to Eigen's *quasispecies equation* from molecular evolution if each 'type' is interpreted as a genetic sequence and each  $w_i(\mathbf{x})$  is a constant function (Page and Nowak, 2002).

### *(Dynamical) Price equation*

Taking  $K \rightarrow \infty$  in equation (26) recovers the Price equation as the infinite population limit. Here, we mean the Price equation as formulated in continuous time with time-varying characters (Lion, 2018; Day et al., 2020).

$$\frac{d\bar{f}}{dt} = \text{Cov}(w, f) + \overline{\left( \frac{\partial f}{\partial t} \right)} + \lambda \left( \sum_{i=1}^m f_i Q_i(\mathbf{p}) - \bar{f} \sum_{i=1}^m Q_i(\mathbf{p}) \right) \quad (\text{S85})$$

Many authors additionally assume that the quantity  $f$  does not itself change over time at the type level, meaning that  $\partial f_i / \partial t \equiv 0 \forall i$  and the feedback term thus disappears. This yields a somewhat more familiar equation in continuous time (Lion, 2018). Standard texts also usually use a version formulated in discrete time that is more general for single-step changes, but is dynamically insufficient (Frank, 2012; Queller, 2017).

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*Fisher's fundamental theorem of natural selection*

1658

1659 Taking  $K \rightarrow \infty$  in (28) and noting that the process tends to a deterministic process as  $K \rightarrow \infty$ , as  
1660 noted in section S7 (and thus the expectation value in the infinite population case is superfluous),  
1661 we obtain an ODE:

$$\frac{d\bar{w}}{dt} = \sigma_w^2(t) + \overline{\left(\frac{\partial w}{\partial t}\right)} \quad (\text{S86})$$

1663 This is Fisher's fundamental theorem in the presence of ecological feedbacks to fitness (Frank  
1664 and Slatkin, 1992; Kokko, 2021).

*Lion 2018's variance equation*

1665

1666 Taking  $K \rightarrow \infty$  in equation (31) yields

$$\frac{d\sigma_f^2}{dt} = \text{Cov}\left(w, (f - \bar{f})^2\right) + 2\text{Cov}\left(\frac{\partial f}{\partial t}, f\right) + \lambda \left[ \left( \sum_{i=1}^m (f_i - \bar{f})^2 Q_i(\mathbf{p}) \right) + \sigma_f^2 \sum_{i=1}^m Q_i(\mathbf{p}) \right] \quad (\text{S87})$$

1668 This is precisely equation (14) in Lion, 2018 with influx terms  $\lambda Q_i$ .

**S8 Recovering some previous studies as special cases**

1669

1670 In many social evolution models, cooperators are predicted to go extinct in infinite populations  
1671 but are actually favored by evolution in finite, fluctuating populations, causing a 'reversal' in  
1672 the direction of evolution predicted by natural selection (Houchmandzadeh and Vallade, 2012;  
1673 Chotibut and Nelson, 2015; Constable et al., 2016; McLeod and Day, 2019). McLeod and Day,  
1674 2019 have recently shown that such reversals can occur in a wide array of social evolution models  
1675 due to the same effect that we recognize here as noise-induced selection. Formally, all the models  
1676 presented in McLeod and Day, 2019 can be recovered in our framework by setting  $m = 2$  and  
1677  $s(\mathbf{x}) = -\epsilon c(\mathbf{x})$  for a constant  $\epsilon \in \mathbb{R}$  and a non-negative function  $c(\mathbf{x})$  in our stochastic replicator-  
1678 mutator equation (Eq. 10). The function  $T(p)$  in McLeod and Day, 2019 — a quantity that varies  
1679 in the various models they study — is precisely the mean turnover  $\bar{\tau}$  in our framework.

1680 In evolutionary epidemiology, models have shown that reduced virulence is more important  
1681 than increased transmission rate for pathogen spread in finite, fluctuating populations, especially  
1682 when the population size is small (Humplik et al., 2014; Parsons et al., 2018; Day et al., 2020).  
1683 Indeed, if the population is small or selection is weak, slower strains can have higher fixation  
1684 probabilities than faster strains even if the slower strain has a lower basic reproduction ratio  
1685 ( $R_0$ ) than its competitor, causing a complete reversal in the direction of evolution predicted in

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1686 infinite populations (Parsons et al., 2018). These results have recently been explained in a generic  
 1687 manner using both a replicator-mutator/‘stochastic adaptive dynamics’ approach (Parsons et al.,  
 1688 2018) and a two-species Price equation formalism (Day et al., 2020), though both these papers use  
 1689 assumptions and language particular to evolutionary epidemiology. We note that equation (2.5)  
 1690 in Parsons et al., 2018 is exactly equivalent to our stochastic replicator-mutator equation with no  
 1691 mutation (equation (10) with  $\lambda = 0$ ) upto a change in notation upon substituting the specific birth  
 1692 and death rate functions chosen in their paper into our equation (10). Similarly, equation (5.1) in  
 1693 Day et al., 2020 is exactly equivalent to our stochastic Price equation for 2 species (equation (26)  
 1694 with  $m = 2$ ) if we write out  $w$  and  $\tau$  in terms of per-capita birth and death rates. Our work can  
 1695 therefore be used to recapitulate these results and show that the effects they illustrate are not  
 1696 particular to epidemiological models.

1697 **S9 An exact solution for the example in the main text with equal**  
 1698 **growth rate when turnover rates vary linearly with frequency**

1699 In this section, we provide an exact quasi-stationary distribution for the rate modulation example  
 1700 in which birth and death rates are increased by the same amount (case 1 with  $\epsilon_b = \epsilon_d$ ). In this  
 1701 case, we have

$$1702 \quad E(p) = -\frac{2\epsilon_d}{KN_K} \quad (\text{S88})$$

$$1703 \quad V(p) = \frac{1}{KN_K}(\tau_1(p, N_K) - 2\epsilon_d p) \quad (\text{S89})$$

1704 For notational convenience, let  $a = 2\epsilon_d = -\kappa(p)$ . To study the system, we need a func-  
 1705 tional form for  $\tau_1$ . We assume here (for simplicity) that  $\tau_1(p, N_K) = bp + c$ , where  $b$  and  $c$  are  
 1706 constants.  $c$  can be viewed as an ‘intrinsic’ turnover rate, and  $b$  as a frequency-dependent com-  
 1707 ponent that may be either positive or negative. We are therefore restricting ourselves to linear  
 1708 frequency dependence of  $\tau_1$ , but allowing both positive and negative frequency-dependence,  
 1709 with the strength of frequency-dependence controlled by  $|b|$ . Note that since  $\tau_1$  is the sum of two  
 1710 rates and  $p(1-p)V(p)$  is the infinitesimal variance of the trait frequency SDE, the parameters  
 1711  $a, b$ , and  $c$  must be chosen such that  $\tau_1(p) = bp + c > 0$ ,  $V(p) = (b-a)p + c > 0 \forall p \in [0, 1]$   
 1712 for the system to be biologically meaningful. In particular,  $\tau_1(0, N_K)$  and  $\tau_1(1, N_K)$  must be non-  
 1713 negative, and we must thus have  $\tau_1(0, N_K) = c \geq 0$  and  $\tau_1(1, N_K) = b + c > 0$ . We must also have  
 1714  $V(1) > 0$ , and thus  $b + c - a \geq 0$ . In our new notation, Eq. S88 and S89 become

$$1715 \quad E(p) = -\frac{a}{KN_K} \quad (\text{S90})$$

$$1716 \quad V(p) = \frac{1}{KN_K}((b-a)p + c) \quad (\text{S91})$$

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1717 The speed density of the system can be written (from Eq. S79) as

$$\begin{aligned}
 1718 \quad m(p) &= \frac{1}{p(1-p)V(p)} \exp\left(2 \int^p \frac{E(q)}{V(q)} dq\right) \\
 1719 \quad \Rightarrow m(p) &= \frac{KN_K}{p(1-p)((b-a)p+c)} \exp\left(2a \int^p \frac{1}{(b-a)q+c} dq\right) \quad (S92)
 \end{aligned}$$

1720 *Case 1: No frequency dependence in  $V(p)$*

1721 If  $a = b$ , i.e. the frequency dependence of  $\tau_1$  is positive with strength exactly equal to  $2\epsilon_d$ , Eq.  
 1722 S92 becomes

$$1723 \quad m(p) = \frac{1}{p(1-p)c} \exp\left(2 \int^p \frac{-a}{c} dq\right) = C \frac{1}{p(1-p)} e^{-\alpha p} \quad (S93)$$

1724 where  $\alpha = 2a/c > 0$  is a positive constant and we use  $C$  to denote a constant whose precise value  
 1725 is irrelevant (and thus may change from line to line below — the important thing is that  $C$  does  
 1726 not depend on  $p$  and thus plays the role of a normalization constant).

1727 The shape of the distribution given by Eq. S93 can be thought of as the combination of two  
 1728 components: The term  $p(1-p)$  is symmetric with respect to the transformation  $p \rightarrow 1-p$  (and  
 1729 thus symmetric about  $p = 0.5$ ) and thus does not favor either type of individual, whereas  $e^{-\alpha p}$  is  
 1730 a strictly decreasing function of  $p$  and thus always favors lower frequencies of type 1 individuals.  
 1731 If  $\alpha$  is very small, the effect of  $e^{-\alpha p}$  is negligible and the distribution of types is approximately  
 1732 a symmetric ‘U-shaped’ parabola centered at 0.5, with  $p = 0.5$  being the least likely frequency.  
 1733 This is the expectation we would have if neutral genetic drift was the only force at play: The  
 1734 distribution is (approximately) symmetric with respect to the transformation  $p \rightarrow 1-p$ , with  
 1735  $p = 0$  and  $p = 1$  being the most likely states and  $p = 0.5$  being the least likely state.

1736 If instead,  $\alpha$  is not small, the function  $e^{-\alpha p}$  decays quickly and biases the distribution towards  
 1737 lower values of  $p$ . In this case, the function is a distorted U-shape, with the minimum point being  
 1738 somewhere in  $(1/2, 1)$ . The extent of bias towards lower values of  $p$  increases as  $\alpha$  increases.

1739 Thus, in the case where  $2\epsilon_d = d\tau_1/dp$ , we can conclude that lower frequencies of type mod-  
 1740 ulators are always more likely in the stationary distribution, and the biasing is stronger as the  
 1741 ratio of the rate modulation ( $\epsilon_d$ ) to the intrinsic frequency-independent turnover rate ( $c$ ) in-  
 1742 creases. Note that the shape of the quasi-stationary density (and thus the extent of deviation  
 1743 from neutrality) does *not* depend on the total population size  $KN_K$ .

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Case 2: Frequency dependence in  $V(p)$

Assuming  $a \neq b$ , we can calculate the exponential term in Eq. S92 as

$$\exp\left(2 \int^p \frac{E(q)}{V(q)} dq\right) = \exp\left(-2a \int^p \frac{1}{(b-a)q+c} dq\right) \quad (\text{S94})$$

$$= C \exp\left(-\frac{2a}{b-a} [\log((b-a)p+c)]\right) = C[(b-a)p+c]^{-\frac{2a}{b-a}} \quad (\text{S95})$$

where we once again use  $C$  to denote a multiplicative constant whose precise value is irrelevant.

Thus, the speed density S92 is given by

$$m(p) = \frac{C}{p(1-p)} [(b-a)p+c]^{-(\gamma+1)} \quad (\text{S96})$$

where we have defined  $\gamma = 2a/(b-a)$ .

**S10 An example in which noise-induced selection can never reverse the direction of evolution over short timescales, but may nevertheless affect the stationary distribution**

Consider a slightly modified version of the example covered in the main text. Consider here two types in which rate modulation decreases the birth rate and increases the death rate of type 1 individuals. In equations, such modulation can be modelled via the relations:

$$b_1^{(\text{ind})}(p, N_K) = b_2^{(\text{ind})}(p, N_K) - \epsilon_b \quad (\text{S97a})$$

$$d_1^{(\text{ind})}(p, N_K) = d_2^{(\text{ind})}(p, N_K) + \epsilon_d \quad (\text{S97b})$$

where  $\epsilon_b$  and  $\epsilon_d$  are non-negative real numbers describing the effect of the ecological rate modulator on the birth and death rates respectively. Note that in this case,  $\epsilon_b$  cannot be arbitrarily large: we require  $\epsilon_b \leq \inf_{\substack{p \in [0,1] \\ N_K \geq 0}} \{b_2^{(\text{ind})}(p, N_K)\}$  to avoid negative birth rates. As in the main text, we

can calculate the selection coefficient and noise-induced selection coefficient, to find

$$s(p, N_K) = -[\epsilon_b + \epsilon_d] \quad (\text{S98a})$$

$$\kappa(p, N_K) = \epsilon_b - \epsilon_d \quad (\text{S98b})$$

Here,  $s$  is always negative whenever there is some rate modulation in the system (*i.e.*  $\epsilon_b$  and  $\epsilon_d$  are not both 0), and thus natural selection always favors type 2 over type 1. Note that here,

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1770 when evolution is neutral with respect to natural selection ( $s = 0$ ), we must have  $\epsilon_b = \epsilon_d = 0$ . In  
 1771 this case,  $b_1^{(\text{ind})}(p, N_K) = b_2^{(\text{ind})}(p, N_K)$  and  $d_1^{(\text{ind})}(p, N_K) = d_2^{(\text{ind})}(p, N_K)$ , and thus the two types are  
 1772 exactly equivalent in every respect.

1773 As in the main text, we can first examine when the sign of  $\mathbb{E}[dp/dt]$  is reversed relative to  
 1774 infinite population expectations. Since  $s < 0$ , we can use Eq. 14 to say the expected trajectory is  
 1775 in the opposite direction of infinite population predictions if  $s + \kappa / KN_K > 0$ . Using Eq. S98, we  
 1776 see that this is equivalent to

$$1777 \quad -[\epsilon_b + \epsilon_d] + \frac{1}{KN_K} (\epsilon_b - \epsilon_d) > 0 \Rightarrow \left(1 - \frac{1}{KN_K}\right) \epsilon_b + \left(1 + \frac{1}{KN_K}\right) \epsilon_d < 0 \quad (\text{S99})$$

$$1778 \quad \Rightarrow \frac{\epsilon_b}{\epsilon_d} < -\frac{KN_K + 1}{KN_K - 1} < 0 \quad (\text{S100})$$

1779 Since  $\epsilon_b$  and  $\epsilon_d$  are both non-negative, so is their ratio, and thus inequality S100 can never be  
 1780 satisfied. We therefore conclude that noise-induced selection *cannot* reverse the sign of  $\mathbb{E}[dp/dt]$   
 1781 relative to infinite population expectations in this case.

1782 However, noise-induced selection may still affect the long-term behaviour via the stationary  
 1783 distribution. We see from Eq. 15 that type 1 may be favored via noise-induced selection in the  
 1784 stationary distribution if  $dV/dp$  is sufficiently negative. Using the definition of  $V$  from Eq. 16b,  
 1785 we see that  $dV/dp$  is negative whenever

$$1786 \quad \frac{d\tau_1}{dp} < \epsilon_b - \epsilon_d \quad (\text{S101})$$

1787 Note, however, that for this system, since  $E(p)$  will always be positive,  $dV/dp < 0$  is a necessary  
 1788 but not a sufficient condition for deviation from infinite population expectations — we also  
 1789 require  $dV/dp$  to be large enough in magnitude relative to  $E(p)$  to ensure that the RHS of Eq. 15  
 1790 as a whole becomes positive.

1791 **S11 An example of non-neutral competition where evolution does**  
 1792 **not proceed in the direction of natural selection due to noise-induced**  
 1793 **effects**

1794 In this section, we provide an example of resource competition with both natural selection and  
 1795 mutation in which noise-induced selection reverses the direction of evolution predicted by natu-  
 1796 ral selection.

1797 Consider a community that contains two types of birds, say type 1 and type 2. These birds  
 1798 compete for limited resources, but in a peculiar manner: Though the two birds feed on different  
 1799 food sources, the trees that type 1 birds use for nesting are the same as those that the type 2

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1800 birds rely on for food. Both types are territorial and do not tolerate other individuals of either  
 1801 type on either their nesting or feeding sites. Thus, competition between the two types affects the  
 1802 *birth rate* of type 1 birds (because they can’t find good nesting sites) but the *death rate* of type  
 1803 2 birds (due to starvation), whereas intratype competition affects the death rate in both cases  
 1804 due to competition for food sources. We also assume that when individuals give birth, they  
 1805 may give birth to offspring of the opposite type (due to mutations) at a rate  $\lambda > 0$ . Thus, the  
 1806 influx rate  $\lambda$  here is a mutation rate, and we will therefore denote it by  $\lambda = \mu$  to align with  
 1807 standard notational conventions. Let  $n_i$  be the number of type  $i$  individuals (which may vary  
 1808 over time). Assuming trees and birds are both randomly distributed through the landscape and  
 1809 the population dynamics of birds has linear density dependence, the simplest model that can  
 1810 incorporate these features of resource competition is given by:

$$\begin{aligned}
 1811 \quad b_1(n_1, n_2) &= n_1 - (1 + \epsilon) \frac{n_1 n_2}{K} + \mu n_2 & ; & \quad d_1(n_1, n_2) = \frac{n_1^2}{K} \\
 b_2(n_1, n_2) &= n_2 + \mu n_1 & ; & \quad d_2(n_1, n_2) = \frac{n_2^2}{K} + \frac{n_1 n_2}{K}
 \end{aligned} \tag{S102}$$

1812 where  $K$  is a carrying capacity for the habitat, similar to Lotka-Volterra competition, and  $\epsilon$  is a  
 1813 parameter, which as we shall see below, quantifies which type has a competitive advantage.

1814 Moving to density space via the change of variables  $x_i = n_i/K$ , letting  $\mathbf{x} = [x_1, x_2]^T$ , and  
 1815 comparing terms with Eq. 2, we see that the per-capita fitness  $w_i$  of each type is:

$$\begin{aligned}
 1816 \quad w_1(\mathbf{x}) &= 1 - x_1 - (1 + \epsilon)x_2 = 1 - pN_K - (1 + \epsilon)(1 - p)N_K \\
 w_2(\mathbf{x}) &= 1 - x_1 - x_2 = 1 - pN_K - (1 - p)N_K
 \end{aligned}$$

1817 where  $N_K = x_1 + x_2$  is the (scaled) total population size and  $p = x_1/N_K$  is the frequency of type  
 1818 1 individuals in the population. In frequency space, we thus see that the selection coefficient  
 1819  $s := w_1 - w_2$  is given by

$$1820 \quad s(p, N_K) = -\epsilon(1 - p)N_K \tag{S103}$$

1821 This calculation makes it clear that  $\epsilon$  controls the strength and direction of natural selection  
 1822 operating in the system — when  $\epsilon > 0$ , natural selection favors type 2, whereas when  $\epsilon < 0$ , type  
 1823 1 is favored. When  $\epsilon = 0$ , the two types of birds have the same fitness and there is no natural  
 1824 selection operating in the system. If we now compute the per-capita turnover rates  $\tau_i$  of each  
 1825 type, we have

$$\begin{aligned}
 1826 \quad \tau_1(\mathbf{x}) &= 1 + x_1 - (1 + \epsilon)x_2 = 1 + pN_K - (1 + \epsilon)(1 - p)N_K \\
 1827 \quad \tau_2(\mathbf{x}) &= 1 + x_1 + x_2 = 1 + N_K
 \end{aligned}$$

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1828 and the noise-induced selection coefficient  $\kappa := \tau_2 - \tau_1$  is therefore

$$1829 \quad \kappa(p, N_K) = (2 + \epsilon)(1 - p)N_K \quad (S104)$$

1830 Note that when  $\epsilon = 0$ ,  $s$  vanishes but  $\kappa$  does not, meaning that the system exhibits noise-induced  
 1831 selection but no natural selection. Further, whenever  $\epsilon > 0$  or  $\epsilon < -2$ ,  $s$  and  $\kappa$  have opposite  
 1832 signs, *i.e.* natural selection and noise-induced selection act in opposite directions. Here, focusing  
 1833 on the case  $\epsilon > 0$ , we see from Eq. S103 that natural selection favors type 2, whereas Eq. S104  
 1834 tells us that noise-induced selection favors type 1.

1835 Finally, we also have  $Q_1(\mathbf{p}) = (1 - p)$ ,  $Q_2(\mathbf{p}) = p$ . Substituting all these functional forms into  
 1836 Eq. 10 now tells us (after some algebra) that the frequency of type 1 individuals in the population  
 1837 obeys the SDE

$$1838 \quad dp = \left[ p(1 - p)^2 \left[ \frac{2}{K} - \epsilon \left( N_K(t) - \frac{1}{K} \right) \right] + \mu(1 - 2p) \left( 1 - \frac{1}{KN_K(t)} \right) \right] dt \quad (S105)$$

$$+ \frac{1}{\sqrt{KN_K(t)}} \sqrt{p(1 - p) [1 + N_K(t) (1 - (2 + \epsilon)(1 - p)^2)] + \mu [1 - 3p(1 - p)]} dW_t$$

1839 where  $W_t$  is a one-dimensional Wiener process. Upon substituting our functional forms of fitness  
 1840 and turnover into Eq. 12, we find that the total scaled total population size  $N_K$  obeys the SDE

$$1841 \quad \frac{1}{N_K} dN_K = [1 + \mu - N_K (1 + \epsilon p(1 - p))] dt + \frac{1}{\sqrt{KN_K}} \sqrt{1 + \mu + N_K (1 - \epsilon p(1 - p))} dW_t^{N_K} \quad (S106)$$

1842 where  $W_t^{N_K}$  is a one-dimensional Wiener process. We are now in a position to study the behavior  
 1843 of this system.

1844 *The infinite population limit*

1845 If we let  $K \rightarrow \infty$ , the SDE for type frequency given by Eq. S105 reduces to an ODE

$$1846 \quad \frac{dp}{dt} = -\epsilon N_K p(1 - p)^2 + \mu(1 - 2p) \quad (S107)$$

1847 When there is no mutation and no selection in the system ( $\mu = \epsilon = 0$ ), the RHS of Eq. S107  
 1848 vanishes, and thus, any initial trait frequency  $p_0$  is expected to remain unchanged forever. If we  
 1849 switch off mutation alone ( $\mu = 0, \epsilon \neq 0$ ), it is easy to check that the type favored by selection  
 1850 will become fixed in the population. Instead, if we switch off selection alone ( $\mu \neq 0, \epsilon = 0$ ),  
 1851 mutations drive the population to a state in which both types are equally prevalent (*i.e.*,  $p = 0.5$ ).  
 1852 When both selection and mutation are present in the system, the stable fixed point in the infinite



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1853 population limit will lie in  $(0, 1/2)$  when  $\epsilon > 0$ , and will lie in  $(1/2, 1)$  when  $\epsilon < 0$ .

1854 *Deviations from neutrality due to noise-induced selection in finite, fluctuating populations*

1855 The effects of noise-induced selection on the expected dynamics are clearest when there is no  
 1856 natural selection ( $\epsilon = 0$ ) and no mutation ( $\mu = 0$ ): In this case, the equation for trait frequencies  
 1857 (Eq. S105) becomes

$$1858 \quad dp = \frac{2p(1-p)^2}{K} dt + \frac{1}{\sqrt{KN_K(t)}} \sqrt{p(1-p)[1 + N_K(t)(1 - 2(1-p)^2)]} dW_t \quad (\text{S108})$$

1859 If we now take expectations on both sides, the stochastic integral term vanishes and we ob-  
 1860 tain an ODE for the expected trait frequency in the population. Assuming that derivatives and  
 1861 expectations commute, this ODE takes the form

$$1862 \quad \frac{d}{dt} \mathbb{E}[p] = \frac{2}{K} \mathbb{E}[p(1-p)^2] \quad (\text{S109})$$

1863 Since the RHS is always positive for  $p \in (0, 1)$ , we conclude that the frequency of type 1 birds is  
 1864 always expected to increase until type 1 becomes fixed in the population. Thus, noise-induced  
 1865 selection, in this case, has led to a deviation from the true neutrality in the expected dynamics  
 1866 — in the infinite population case, any initial trait frequency  $p_0$  is expected to remain unchanged  
 1867 forever, whereas for finite, fluctuating populations, assuming  $p_0 \notin \{0, 1\}$ , the trait frequency  
 1868 of type 1 birds is expected to increase until type 1 eventually fixes in the population. Note  
 1869 that unlike in neutral drift, type 1 is *always* expected to be the type that becomes fixed in the  
 1870 population, despite the two types having the same fitness.

1871 *Reversal of the direction of evolution in finite, fluctuating populations*

1872 For the birth-death processes of the type we study in this paper, the entire population will  
 1873 go extinct in finite time with probability 1 (Ethier and Kurtz, 1986). Thus, the true stationary  
 1874 distribution for our system is thus the trivial state  $x_1 = x_2 = 0$ , a state at which  $p$  is undefined.  
 1875 However, the expected time to extinction is often so large that we can instead speak of the ‘quasi-  
 1876 stationary distribution’ of the stochastic process, obtained by only examining the system before  
 1877 the population goes extinct (Karlin and Taylor, 1981). Thus, we are interested in the behavior of  
 1878 the system in  $(p, N_K)$  space conditioned on  $N_K > 0$ . To study the behavior of the trait frequency  
 1879 when the population is far from extinction, we can simply use the naive assumption  $N_K \equiv 1$  to  
 1880 arrive at an approximate description of the system. Under this approximation, the probability  
 1881 density  $\pi_{qs}(p)$  of the quasi-stationary distribution is given by (see Supplementary section S6)

$$1882 \quad \pi_{qs}(p) = \frac{\mathcal{N}}{G(p)} \exp\left(\int_0^p \frac{F(q)}{G(q)} dq\right) \quad (\text{S110})$$

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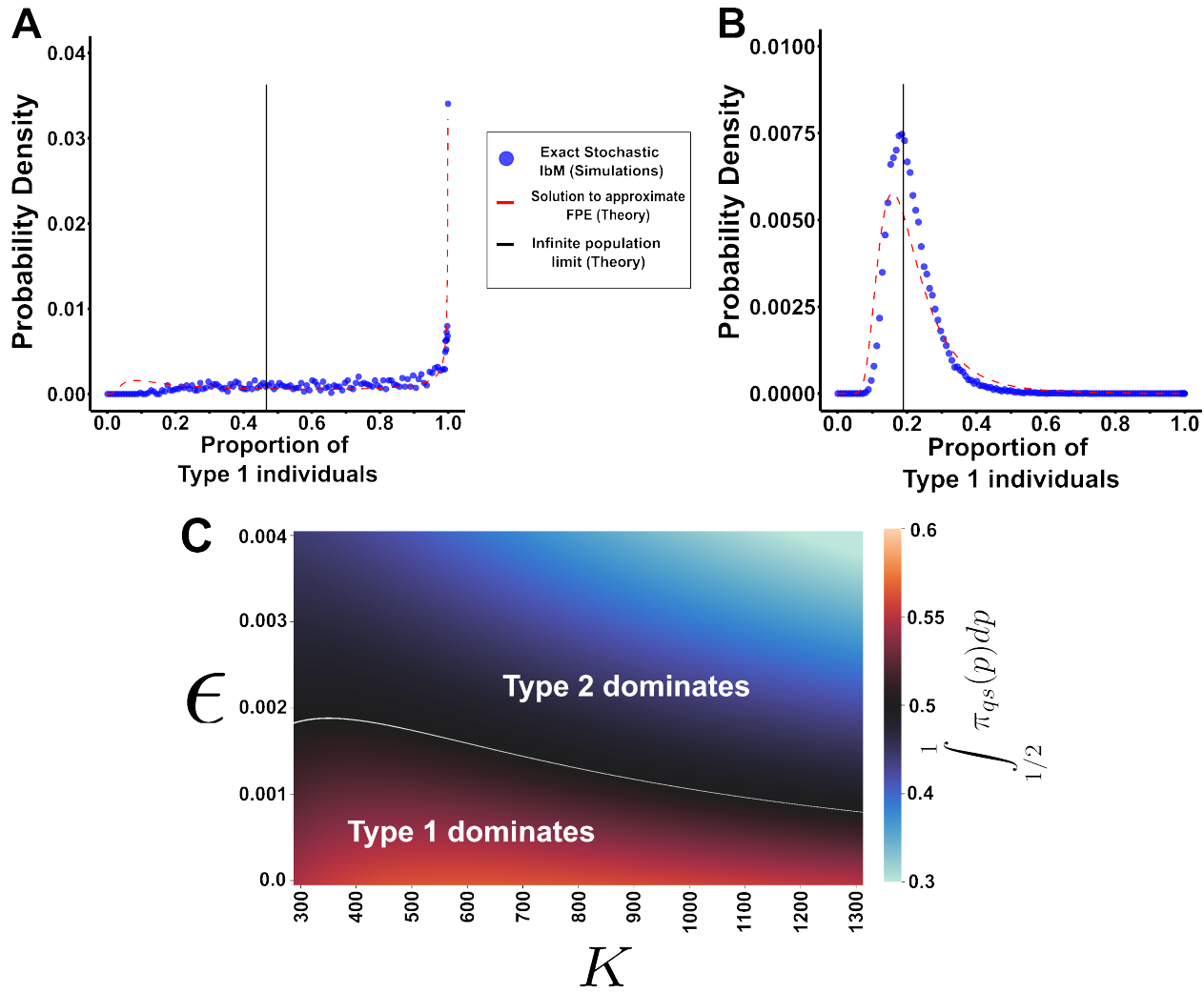
1883 where  $\mathcal{N}$  is a normalization constant and  $F$  and  $G$  are functions given by

$$\begin{aligned} 1884 \quad F(p) &:= p(1-p)^2 [2 - \epsilon(K-1)] + \mu(1-2p)(K-1) \\ G(p) &:= p(1-p) (2 - (2 + \epsilon)(1-p)^2) + \mu(1-3p(1-p)) \end{aligned} \quad (\text{S111})$$

1885 Since the above solution is an approximation, we also conduct exact stochastic individual-based  
1886 simulations of the complete system defined by Eq. S102 using the Gillespie algorithm. The  
1887 results of the simulations, as well as the solution predicted by Eq. S110, are plotted for a small  
1888  $\epsilon > 0$  (corresponding to weak selection against type 1) in figure S1.

1889 For low values of  $K$  and  $\epsilon$ , both the stochastic individual-based simulations and the approx-  
1890 imate solution given by Eq. S110 indicate that noise-induced selection causes the distribution  
1891 of types in the population to be biased in favor of type 1 (rightmost peak in Fig S1A), a bias  
1892 that disappears when  $K$  and  $\epsilon$  are high (Fig S1B). To more carefully quantify when type 1 is  
1893 favored by evolution, we can follow McLeod and Day (2019)’s approach and compute the quan-  
1894 tity  $\int_{1/2}^1 \pi_{qs}(p) dp$ . This quantity tells us the likelihood of observing the population in a state in  
1895 which more than half of the individuals are of type 1. Since the infinite population limit from Eq.  
1896 S107 predicts that  $p \in (0, 1/2)$  at equilibrium, we can say that the direction of evolution has been  
1897 reversed relative to infinite population predictions made from natural selection and mutation  
1898 alone if  $\int_{1/2}^1 \pi_{qs}(p) dp \geq 1/2$  in finite populations. The value of  $\int_{1/2}^1 \pi_{qs}(p) dp$  for various values  
1899 of  $\epsilon$  and  $K$  are plotted in figure S1C. For low values of  $\epsilon$  (weak selection) and  $K$  (small population  
1900 size),  $\int_{1/2}^1 \pi_{qs}(p) dp \geq 1/2$  and thus the direction of evolution has been reversed relative to the  
1901 predictions of classical natural selection and mutation alone.

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**Figure S1:** Predictions of our resource-competition model for various parameters. The quasi-stationary distribution has been plotted for (A)  $K = 500, \epsilon = 0.0005$ , and (B)  $K = 5000, \epsilon = 0.005$ . Blue points are from 100 independent Gillespie simulations of the exact birth-death process defined by Eq. S102, each supplied with the initial condition  $n_1 = n_2 = K/2$  and allowed to run for  $10^5$  timesteps or until the complete population went extinct. The red dotted line is derived from numerically evaluating the RHS of equation Eq. S110. The solid black line is the infinite population limit, obtained by solving equation Eq. S107 under the approximation  $N_K \equiv 1$ . (C) A heatmap of the values of  $\int_{1/2}^1 \pi_{qs}(p) dp$  for various values of  $\epsilon$  and  $K$ . If this quantity is greater than  $1/2$ , then type 1 is more likely to be the dominant species in the population. The white curve indicates parameter values at which  $\int_{1/2}^1 \pi_{qs}(p) dp = 0.5$ , i.e. the population is expected to contain an equal number of type 1 and type 2 individuals. For low values of  $\epsilon$  and  $K$ , type 1 is likely to be present at a higher frequency than type 2 in the population, despite deterministic natural selection predicting the opposite. For all plots in this figure,  $\mu = 0.01$ .

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